

ガチで使える
プロンプトカタログ



200選

【Midjourney完全攻略】

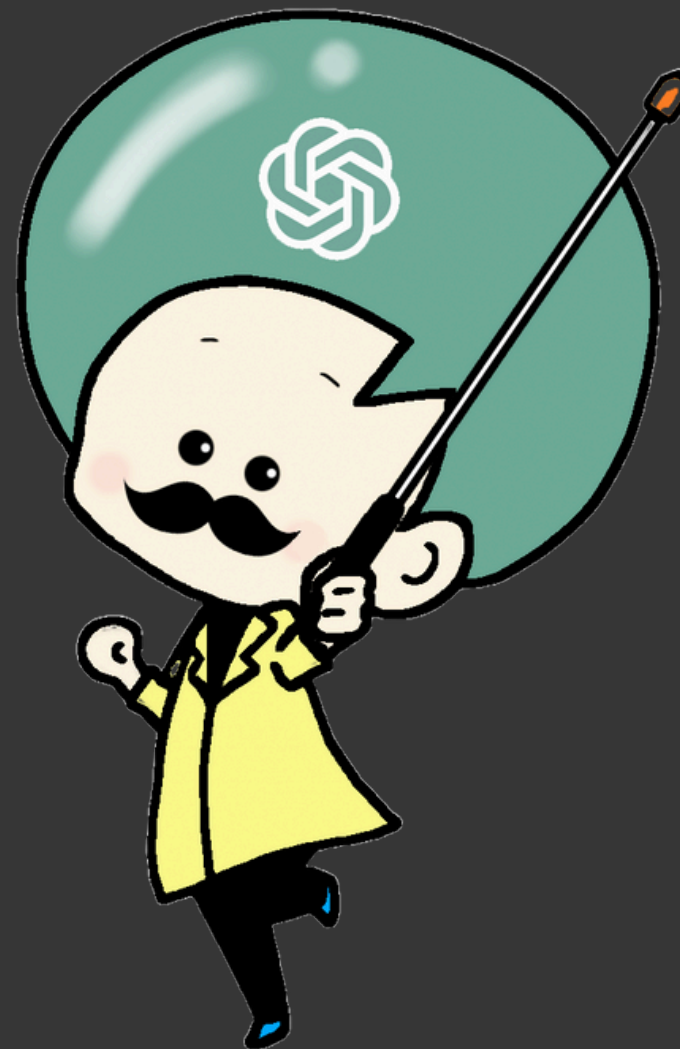
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- 第1章 -

リアルな人プロンプト20選



カジュアルな女性



A woman with short hair wearing blue jeans and a white T-shirt. She is walking in a park, smiling softly.

ビジネスマン



A man in his 40s wearing a gray suit. He stands by the office window, arms crossed, with a serious expression.

スポーツを楽しむ男性



A muscular man lifting dumbbells at the gym. He is wearing a tank top and shorts, with a focused expression.

エレガントな女性



A woman in a black dress at a night party. She has long hair and is holding a wine glass under a chandelier.

キャンパー



A young man in outdoor gear sitting around a campfire in the forest. The night sky filled with stars is in the background.

若いアーティスト



A woman in her 20s painting in an art studio. She wears a paint-stained apron and is focused on the canvas with a palette in hand.



親子

A 30-year-old mother playing with her 5-year-old daughter in a park. The mother is wearing sneakers and jeans, carrying her daughter on her shoulders, both laughing.



シェフ

A 50-year-old man in a white chef's hat cooking in the kitchen. He is frying a steak in a pan.

ビジネスウーマン



A 30-year-old woman giving a presentation in a conference room. She is holding a tablet with a confident and intellectual expression.

ミュージシャン



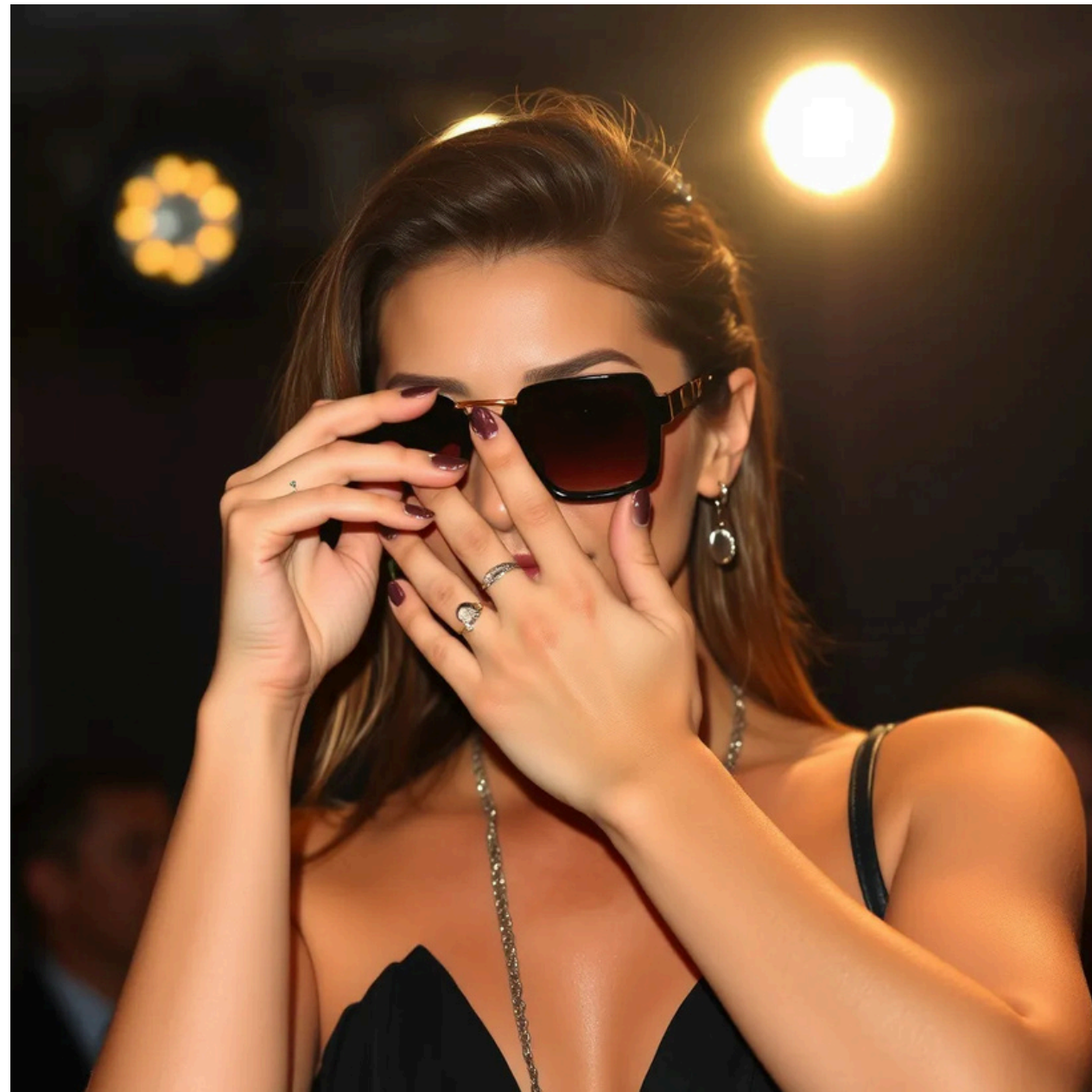
A young man casually dressed playing the guitar. The background is a music studio, and he has a relaxed expression.

友人同士の集合写真



A group of women in their 20s chatting at a café terrace. They are all smiling at the camera.

パパラッチに追われるセレブ



A celebrity-like woman wearing sunglasses, raising her hand to cover her face. Flashlights are going off in the background.

登山者



A middle-aged man wearing a hiking jacket, standing at the mountain summit, looking down at the scenery. The background shows expansive mountains.

研究者



A 30-year-old female scientist in a lab coat working in a laboratory. She is looking through a microscope.

老人ホームの看護師と入居者



An 80-year-old man in a wheelchair with a smiling nurse beside him. The warm interior of a nursing home is in the background.

街角のバリスタ



A young man wearing an apron making coffee at a café counter. The background includes a coffee machine.

犬と散歩する女性



A woman in her 20s walking her dog in an evening park. She holds the leash and gently talks to the dog.

ファッションモデル



A model wearing high-fashion clothing posing against an urban cityscape. Strong light shines on her.

新婚夫婦



A couple in a tuxedo and wedding dress standing outside a wedding venue, smiling as they gaze at each other.

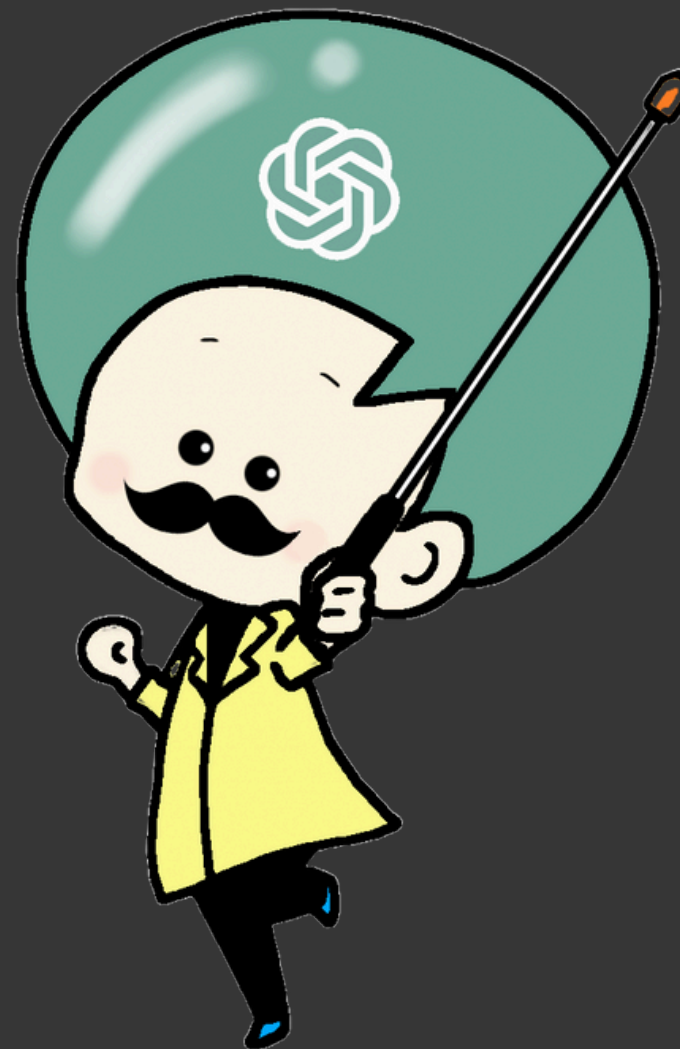
高校生の友達



A group of high school boys and girls playing basketball on the school playground. The school building is visible in the background.

- 第2章 -

キャラクタープロンプト20選



勇敢な騎士



A brave knight in shining armor, holding a sword and shield, standing in a medieval castle. The knight has short brown hair and a determined expression.

魔法使い



A wise old wizard with a long white beard and a pointy hat. He holds a staff with a glowing crystal at the top, standing in a mystical forest.

騎士見習い



A young squire in leather armor, carrying a small sword and a shield. He is standing beside his horse, looking eager to prove himself.

未来のサイボーグ



A futuristic cyborg with a metallic arm and red glowing eyes. He is dressed in sleek, black futuristic armor and stands in a high-tech laboratory.

海賊船長



A rugged pirate captain with a tricorn hat, an eye patch, and a hook for a hand. He is standing on the deck of his ship, with the ocean stretching out behind him.

森のエルフ



A graceful elf with long, flowing blonde hair and pointed ears. She is dressed in green and brown leather armor and carries a bow and quiver of arrows, standing in an enchanted forest.

蒸気機関車のエンジニア



A steampunk engineer with goggles on his forehead and a wrench in his hand. He is standing beside a massive steam-powered machine, dressed in a leather apron and gloves.

ドラゴンライダー



A fierce dragon rider in full armor, holding the reins of a massive dragon. The rider's face is partially covered by a helmet, with only their intense eyes visible.

闇の刺客



A shadowy assassin dressed in black, with a hood covering most of their face. They are holding a dagger and standing in a dark alleyway, ready to strike.

砂漠の盗賊



A desert bandit with a turban and a face mask, carrying a curved sword. He is standing in the middle of a vast desert, with sand dunes in the background.

宇宙の冒険者



A space explorer in a high-tech spacesuit, holding a futuristic blaster. He is floating in space with distant stars and galaxies behind him.

変身ヒーロー



A superhero in a colorful costume, ready to transform into a more powerful form. He stands in a cityscape, with his hand raised and energy swirling around him.

不思議の国のアリス風少女



A young girl with a curious expression, wearing a blue dress and a white apron. She is holding a pocket watch and standing in a whimsical, dreamlike garden.

古代の王



An ancient king wearing a golden crown and a red robe. He is sitting on a grand throne in a majestic palace, holding a scepter with a wise and commanding presence.

闇の魔女



A dark sorceress with long black hair, wearing a flowing black gown. She is holding a spellbook and casting a shadowy spell, surrounded by swirling dark magic.

サーカスのピエロ



A cheerful clown with a painted face, wearing a colorful costume and a big red nose. He is juggling balls and standing in the center of a circus ring, smiling widely.

薔薇の騎士



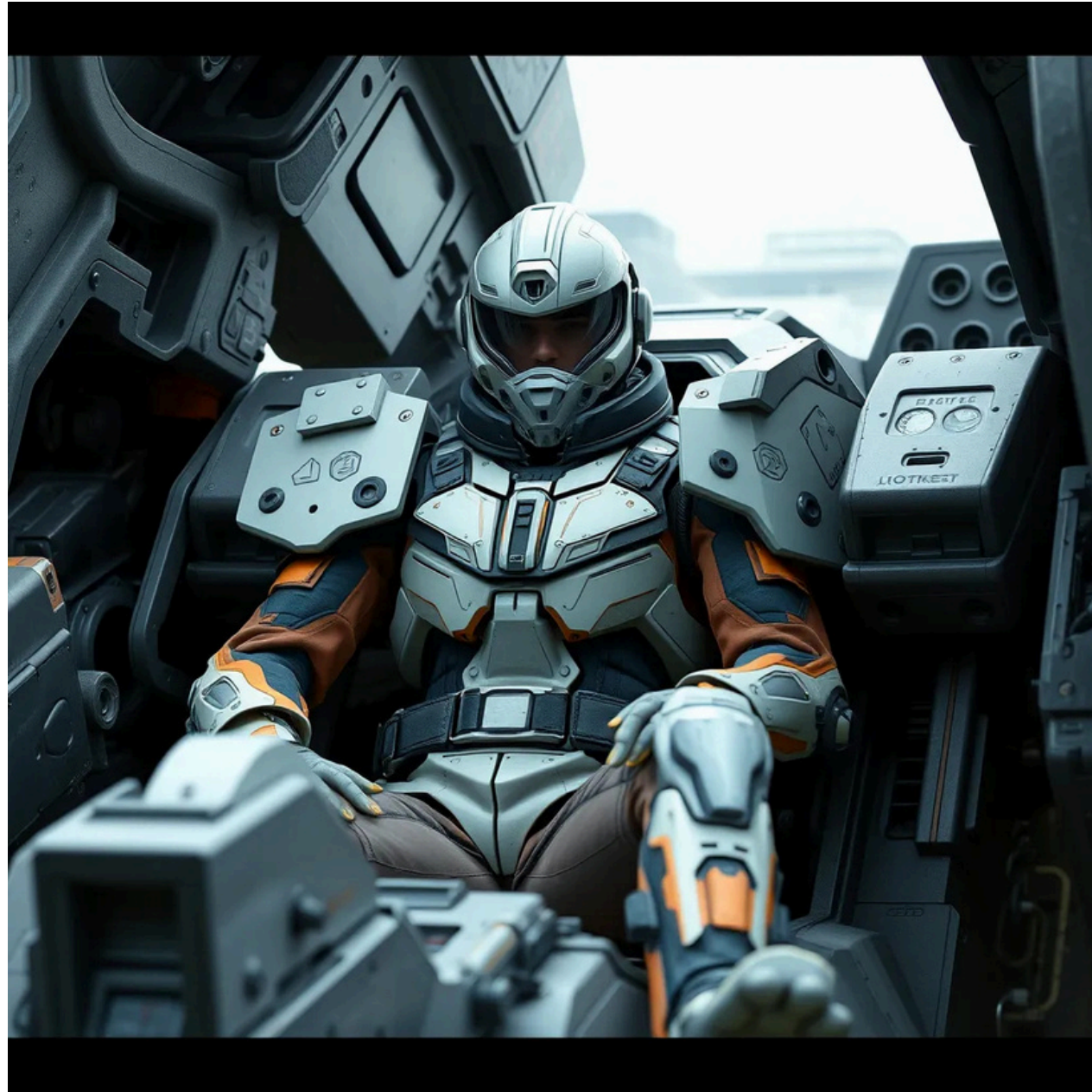
A knight clad in white armor adorned with red roses. He holds a lance and is mounted on a white horse, ready to defend his honor in a joust.

山の賢者



An elderly sage with a long white beard, wearing simple robes. He is standing on a mountain peak, overlooking the valley below with a calm and wise expression.

機械の操縦士



A mech pilot in a futuristic jumpsuit, sitting in the cockpit of a massive robot. The pilot is focused, with hands on the controls, ready for battle.

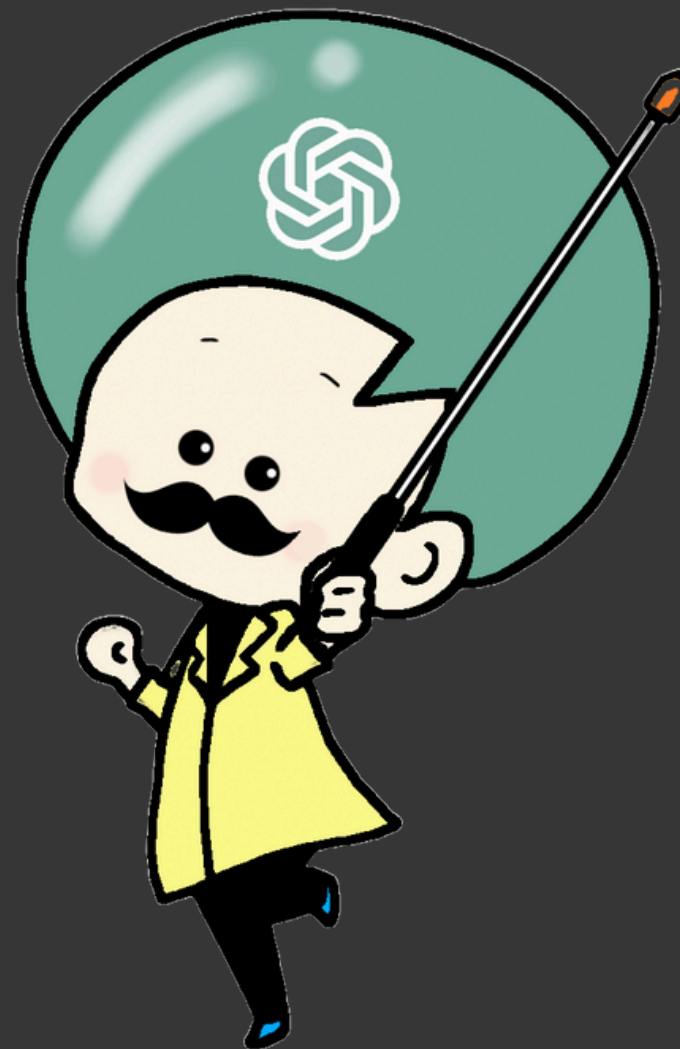
失われた王国のプリンセス



A young princess in a flowing gown, wearing a silver tiara. She stands in the ruins of an ancient castle, looking determined to reclaim her lost kingdom.

- 第3章 -

ロゴプロンプト20選



モダンなテックロゴ



A sleek and modern logo with abstract geometric shapes, featuring a bold sans-serif font. The color scheme is blue and silver, representing technology and innovation.

自然と調和したエコロゴ



A logo with green leaves and a water droplet forming a circular pattern. The font is rounded and soft, using shades of green and blue to represent sustainability and nature.

手書き風のアートロゴ



A hand-drawn style logo featuring a paintbrush and a canvas. The colors are vibrant, with a playful script font, symbolizing creativity and artistic expression.

ミニマルなビジネスロゴ



A minimalist logo with a simple, clean design, using a monochrome color palette. The logo features an abstract monogram of the company's initials in a modern serif font.

レトロなカフェロゴ



A vintage-style logo with a coffee cup and steam, using warm, earthy colors like brown and beige. The font is a classic serif, giving it an old-fashioned charm.

フィットネスブランドのロゴ



A dynamic logo featuring a silhouette of a person in motion, with bold, energetic lines. The color scheme includes bright reds and oranges, with a strong, bold font.

高級レストランのロゴ



An elegant logo with a stylized fork and knife crossed over a plate. The color scheme is black and gold, with a sophisticated serif font to convey luxury and refinement.

子供向けブランドのロゴ



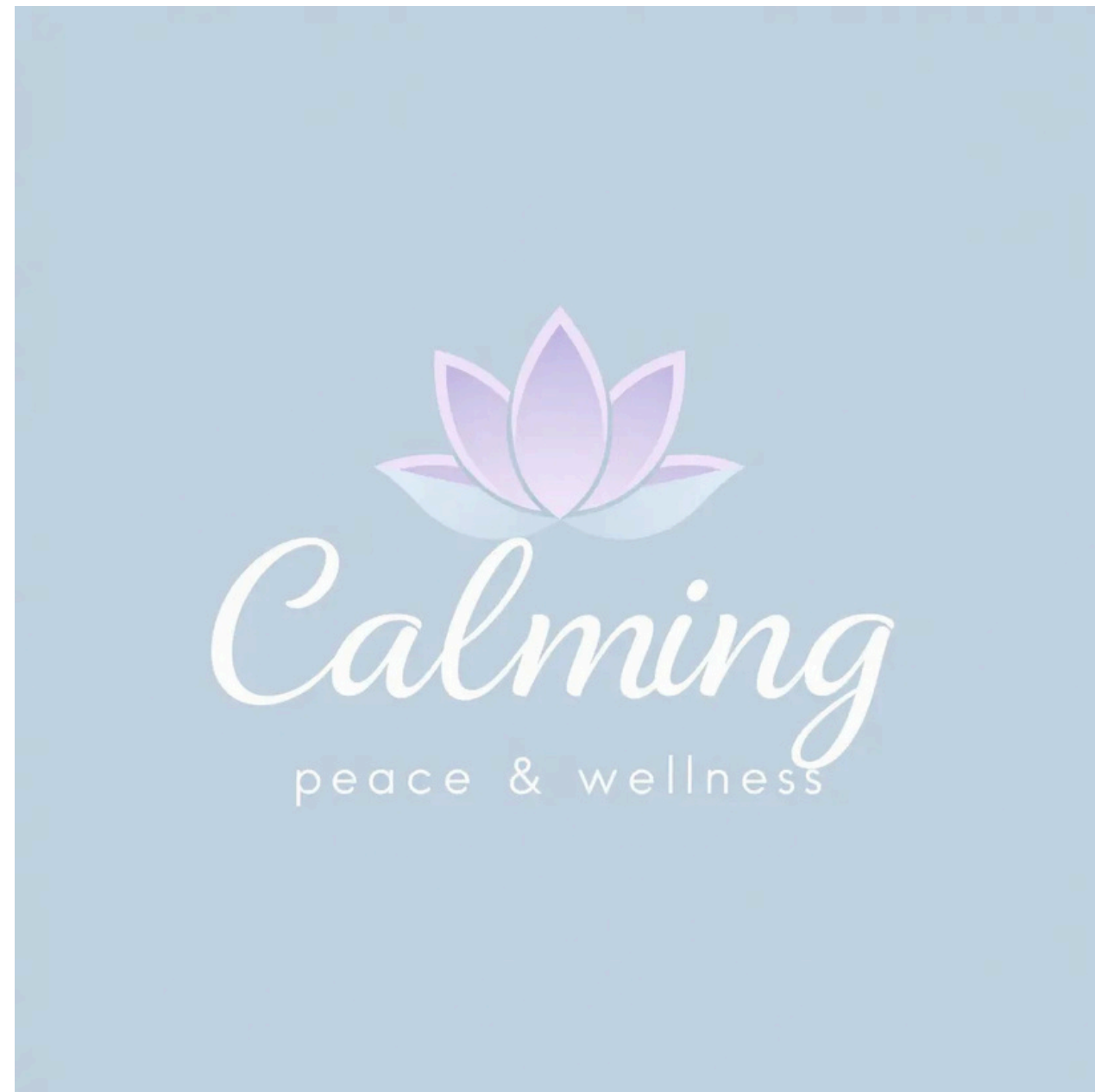
A playful logo with colorful, cartoon-like characters, using a bubbly, rounded font. The colors are bright and cheerful, appealing to children and families.

音楽レーベルのロゴ



A logo featuring a vinyl record and musical notes, with a modern, edgy design. The color palette includes black, white, and red, with a bold, angular font.

ホリスティックヘルスのロゴ



A calming logo with a lotus flower and gentle waves, using soft pastels like lavender and teal. The font is a flowing script, representing peace and wellness.

スポーツチームのロゴ



A powerful logo with a fierce animal mascot, such as a lion or eagle, in action. The colors are bold and vibrant, with a strong, blocky font to convey strength and determination.

ファッションブランドのロゴ



A chic logo with a minimalist silhouette of a model, using a high-contrast black and white color scheme. The font is elegant and modern, perfect for a luxury fashion brand.

クラフトビールのロゴ



A rustic logo featuring a hop cone and a pint glass, with earthy tones like green and amber. The font is vintage and rugged, giving it an artisanal feel.

環境保護団体のロゴ



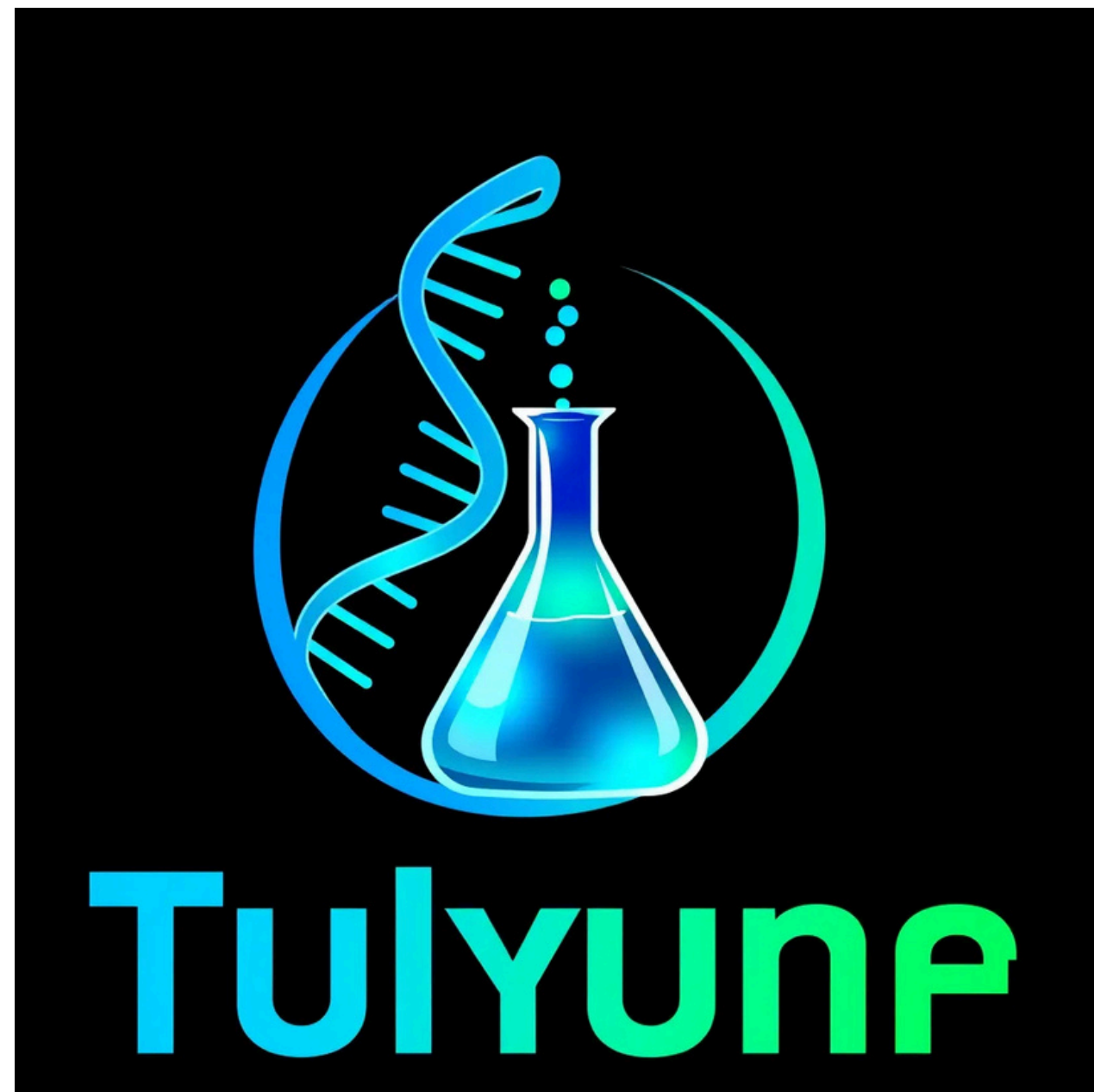
A logo with a globe and hands cradling it, using shades of green and blue. The font is clean and simple, representing care for the environment and global sustainability.

アートギャラリーのロゴ



A sophisticated logo with a paintbrush stroke forming an abstract shape, using deep reds and golds. The font is elegant and classic, suitable for an upscale art gallery.

サイエンスラボのロゴ



A futuristic logo with a DNA helix and a flask, using bright blues and greens. The font is sleek and modern, representing innovation and scientific discovery.

オーガニックフードブランドのロゴ



A fresh logo with a leafy green vegetable and a basket, using natural colors like green and brown. The font is rustic and earthy, perfect for an organic food brand.

トラベルエージェンシーのロゴ



A dynamic logo with a globe, a plane, and a suitcase, using bright blues and oranges. The font is friendly and inviting, conveying a sense of adventure and exploration.

ゲーム会社のロゴ



A bold logo with a stylized game controller and pixelated elements, using vibrant colors like neon green and purple. The font is futuristic and edgy, representing the gaming industry.

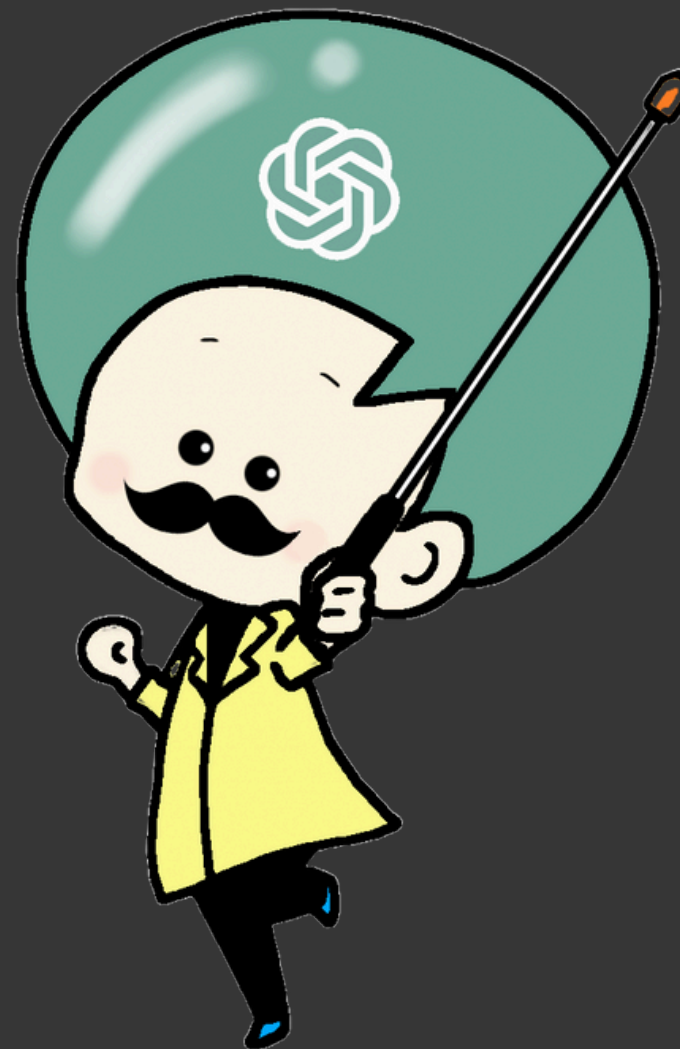
教育機関のロゴ



A dignified logo with an open book and a laurel wreath, using deep blues and golds. The font is traditional and academic, perfect for a university or educational institution.

- 第4章 -

アートプロンプト20選



抽象的なカラフルアート



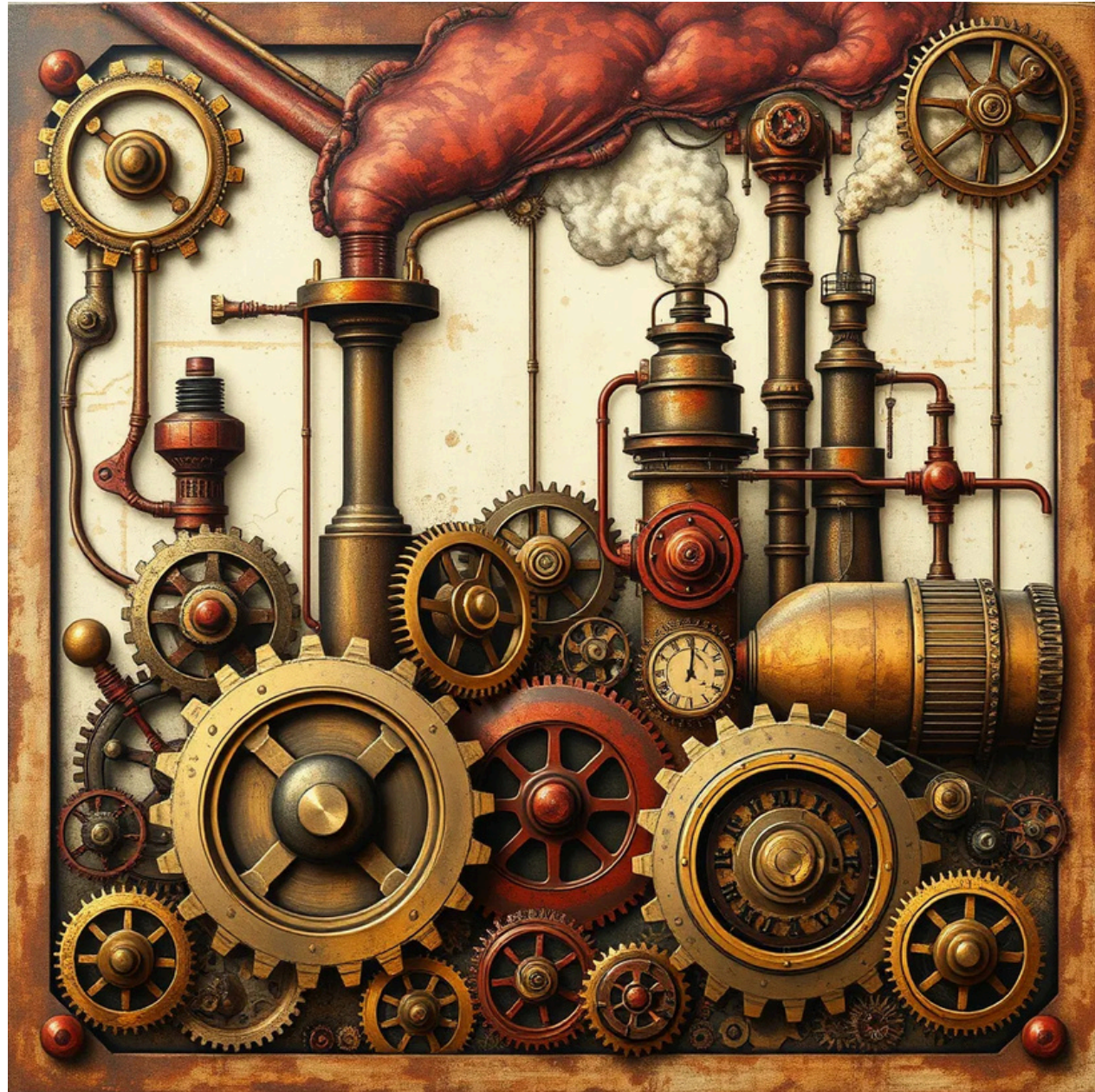
An abstract painting with vibrant splashes of color, using bold strokes and geometric shapes. The composition is chaotic yet harmonious, with no clear focal point.

夢幻的な風景



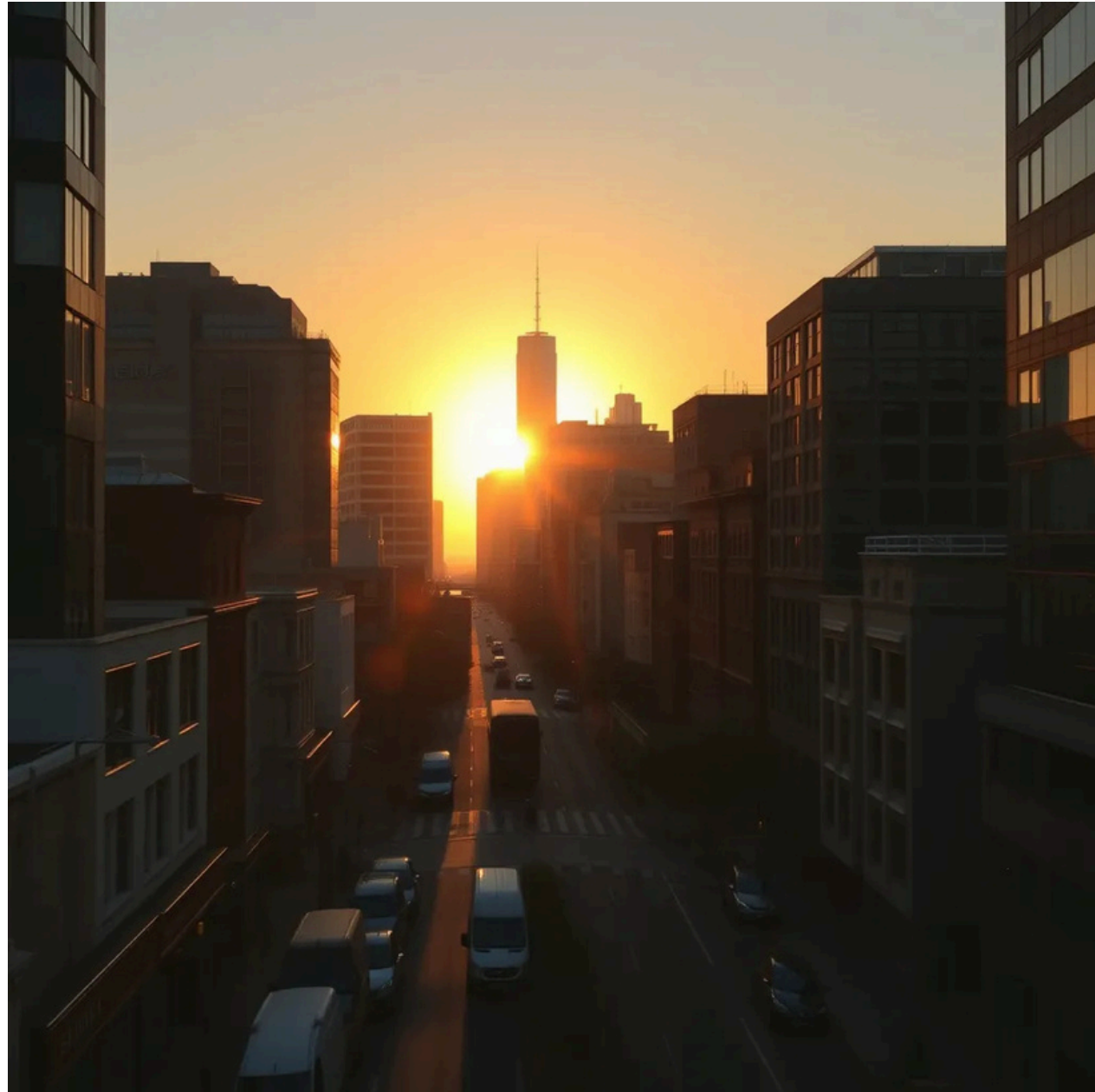
A surreal landscape featuring floating islands and twisted trees under a violet sky. The scene is illuminated by an oversized, glowing moon, creating an otherworldly atmosphere.

メカニカルなスチームパンク



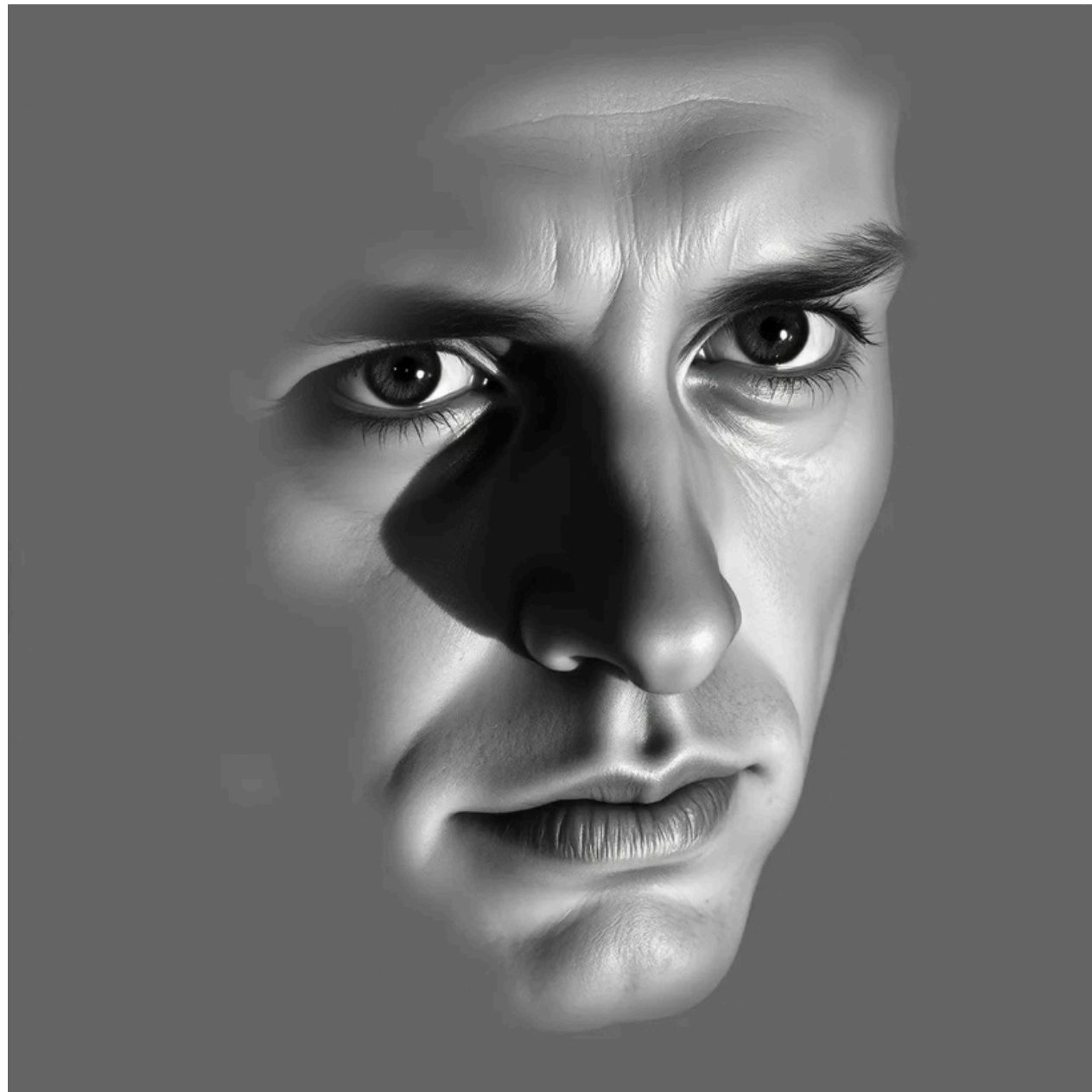
A steampunk-inspired artwork featuring intricate gears, cogs, and steam-powered machinery. The palette includes bronze, copper, and deep reds, evoking a sense of industrial revolution.

夜明けの都市



A cityscape at dawn, with the sun rising behind skyscrapers. The streets are bathed in the soft light of early morning, with long shadows and a sense of quiet anticipation.

モノクロームのポートレート



A monochromatic portrait of a person, focusing on the details of their face. The shading is done in grayscale, highlighting the emotions conveyed through their expression.

神秘的な森



A mystical forest with tall, ancient trees covered in moss and glowing with an ethereal light. The ground is carpeted with flowers, and a gentle mist hangs in the air.

未来都市の夜景



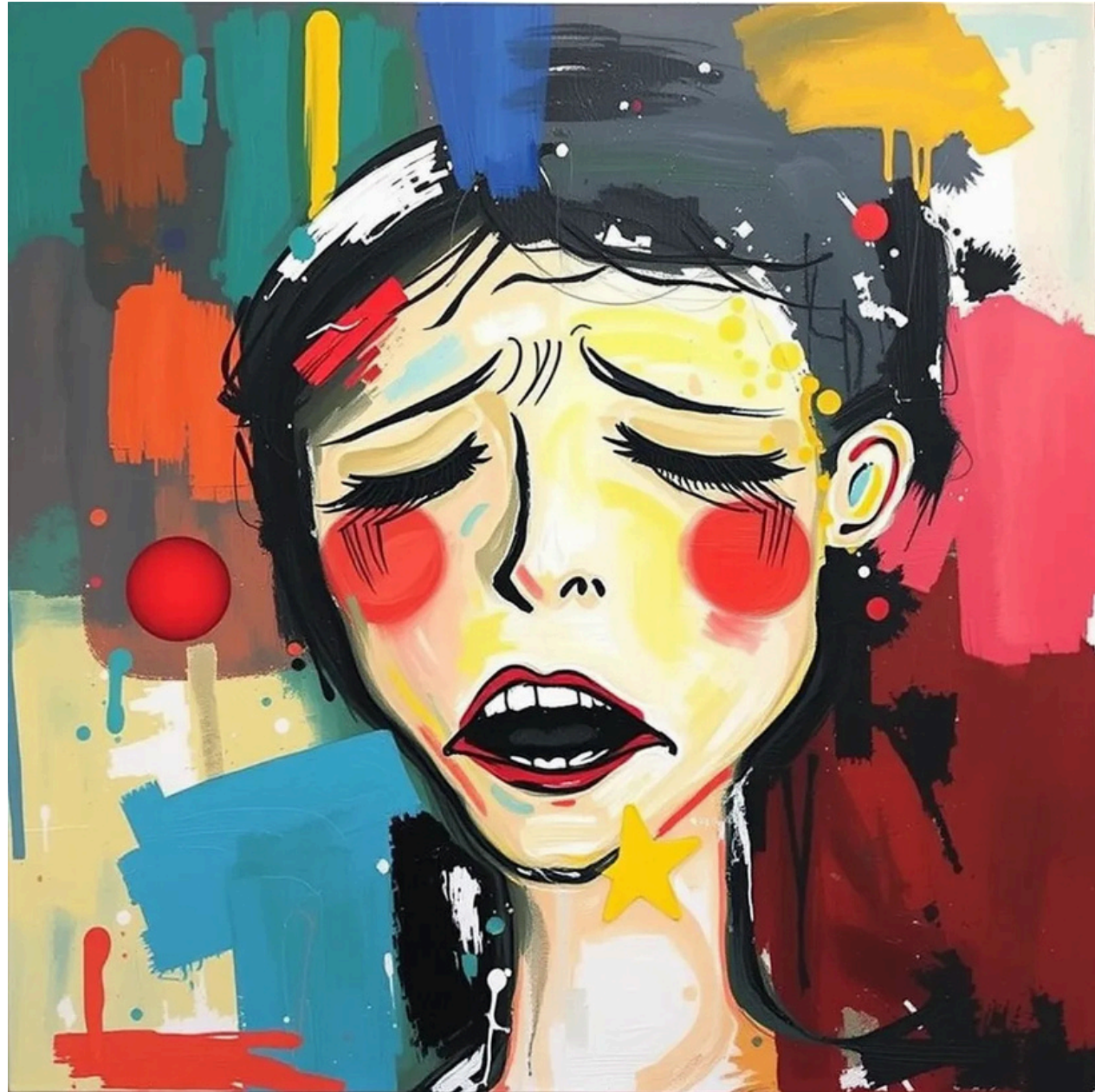
A nighttime view of a futuristic city, with towering skyscrapers, neon lights, and flying vehicles. The scene is vibrant and dynamic, showcasing the hustle and bustle of a high-tech metropolis.

古代文明の遺跡



An ancient temple ruin in the middle of a dense jungle. The stone structures are covered in vines, with beams of sunlight piercing through the canopy above.

感情を表現する抽象画



An abstract painting that captures the essence of a strong emotion, such as joy, sorrow, or anger. The colors, shapes, and brushstrokes are all chosen to evoke the specific feeling.

ファンタジーの海景



A fantasy seascape with towering waves, mythical sea creatures, and a glowing underwater city. The colors are vibrant blues and greens, creating a sense of depth and wonder.

アーバンストリートアート



A gritty piece of street art featuring bold graffiti on a brick wall. The artwork includes vibrant colors, spray paint drips, and stenciled images, capturing the raw energy of urban life.

シンボリックな静物画



A still life painting featuring symbolic objects like a skull, an hourglass, and a wilted flower. The scene is set in a dark room, with dramatic lighting creating stark contrasts.

ポップアート風肖像画



A pop art-style portrait with bright, bold colors and thick outlines. The subject is stylized and iconic, capturing the essence of a modern cultural figure.

インスピレーションショナルな風景画



A peaceful landscape painting of a serene lake surrounded by mountains at sunset. The warm colors and soft brushstrokes create a calming, meditative atmosphere.

サイバーパンクの都市風景



A cyberpunk cityscape with towering skyscrapers, neon signs, and holographic advertisements. The streets are crowded with people and futuristic vehicles, creating a sense of overwhelming density.

オリエンタルなパターンアート



An intricate artwork featuring traditional oriental patterns, with floral motifs, geometric shapes, and vibrant colors. The design is symmetrical and highly detailed.

宇宙をテーマにしたアート



A cosmic artwork depicting galaxies, stars, and nebulae in deep space. The colors range from deep purples to bright oranges, creating a sense of vastness and mystery.

現代的なインスタレーションアート



A conceptual installation artwork featuring everyday objects arranged in a thought-provoking way. The piece challenges perceptions of space, function, and meaning.

折衷的なコラージュ



A collage art piece combining vintage photographs, magazine clippings, and textured materials. The composition is eclectic, with contrasting elements creating a visually stimulating effect.

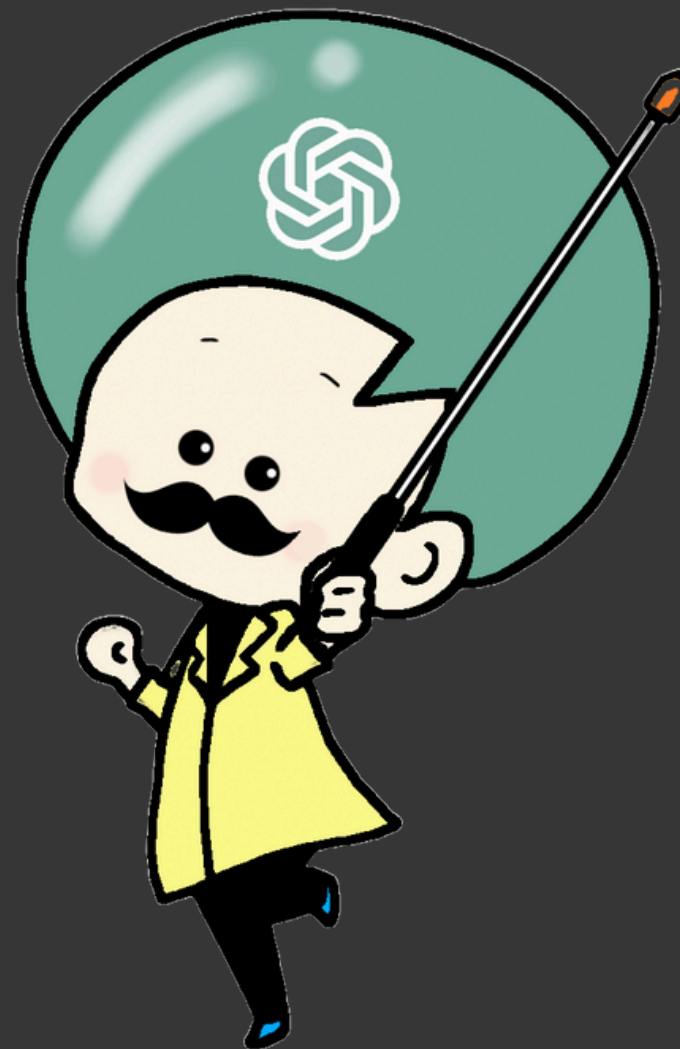
ダークファンタジーアート



A dark fantasy scene featuring a gothic castle on a cliff, surrounded by swirling mist and ominous skies. The palette includes dark purples, blacks, and deep reds, creating a sense of foreboding and mystery.

- 第5章 -

アイコンプロンプト20選



シンプルなホームアイコン



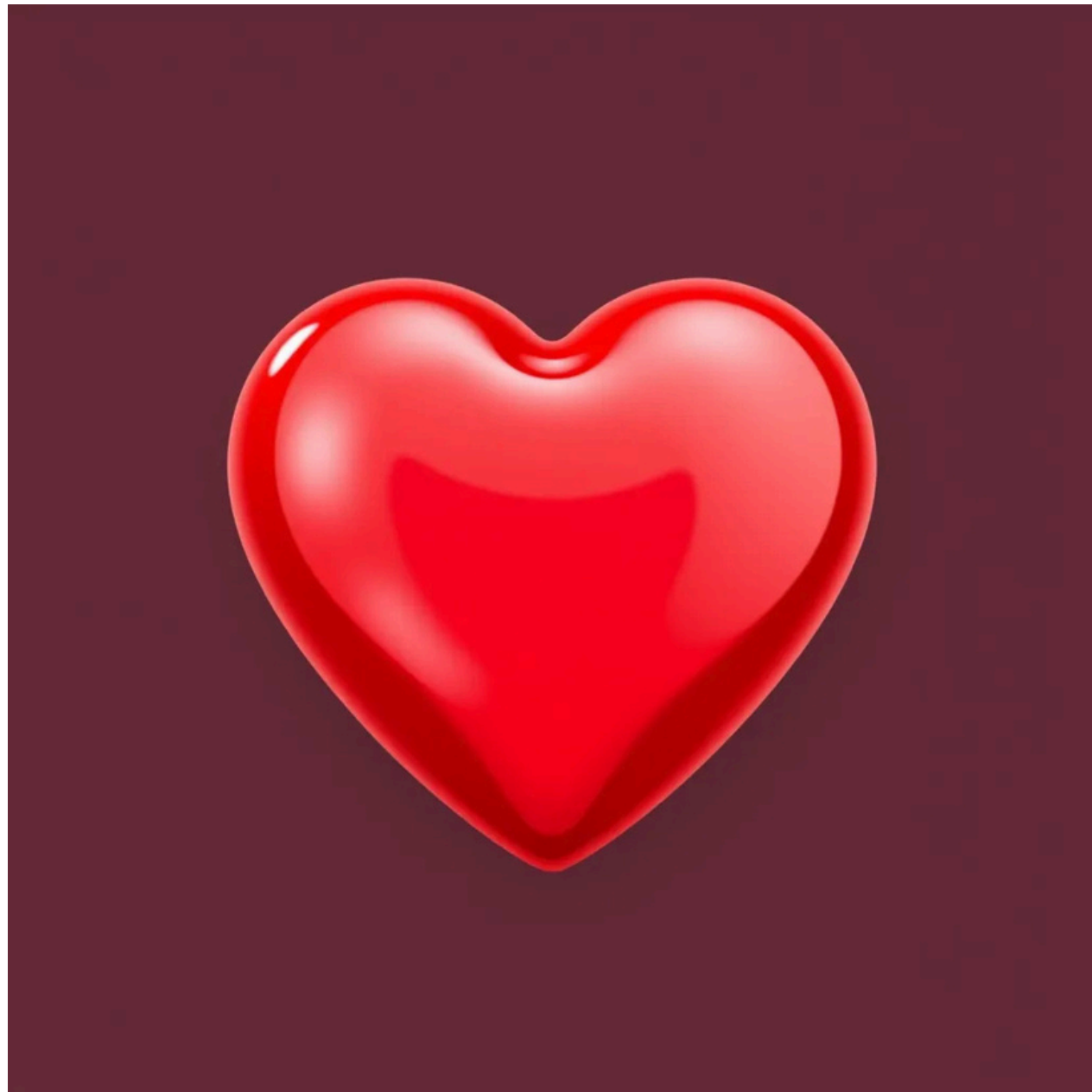
A minimalistic home icon with a clean outline of a house. The design is simple, using a single color for clarity and easy recognition.

メールアイコン



An envelope icon with a modern twist, featuring a slightly curved shape and a small notification badge in the corner. The color is a soft blue to indicate communication.

ハートアイコン



A heart icon with a glossy finish, symbolizing love or likes. The color is a vibrant red, and the shape is slightly rounded for a friendly appearance.

セキュリティシールドアイコン



A shield icon representing security, with a lock symbol in the center. The design uses dark blue and gray tones, giving it a trustworthy and solid look.

設定ギアアイコン



A gear icon with a clean and modern design, representing settings or tools. The gear has sharp edges and is colored in metallic gray.

チャットバブルアイコン



A chat bubble icon with two overlapping speech bubbles, indicating conversation or messaging. The bubbles are in contrasting colors, like green and white.

ショッピングカートアイコン



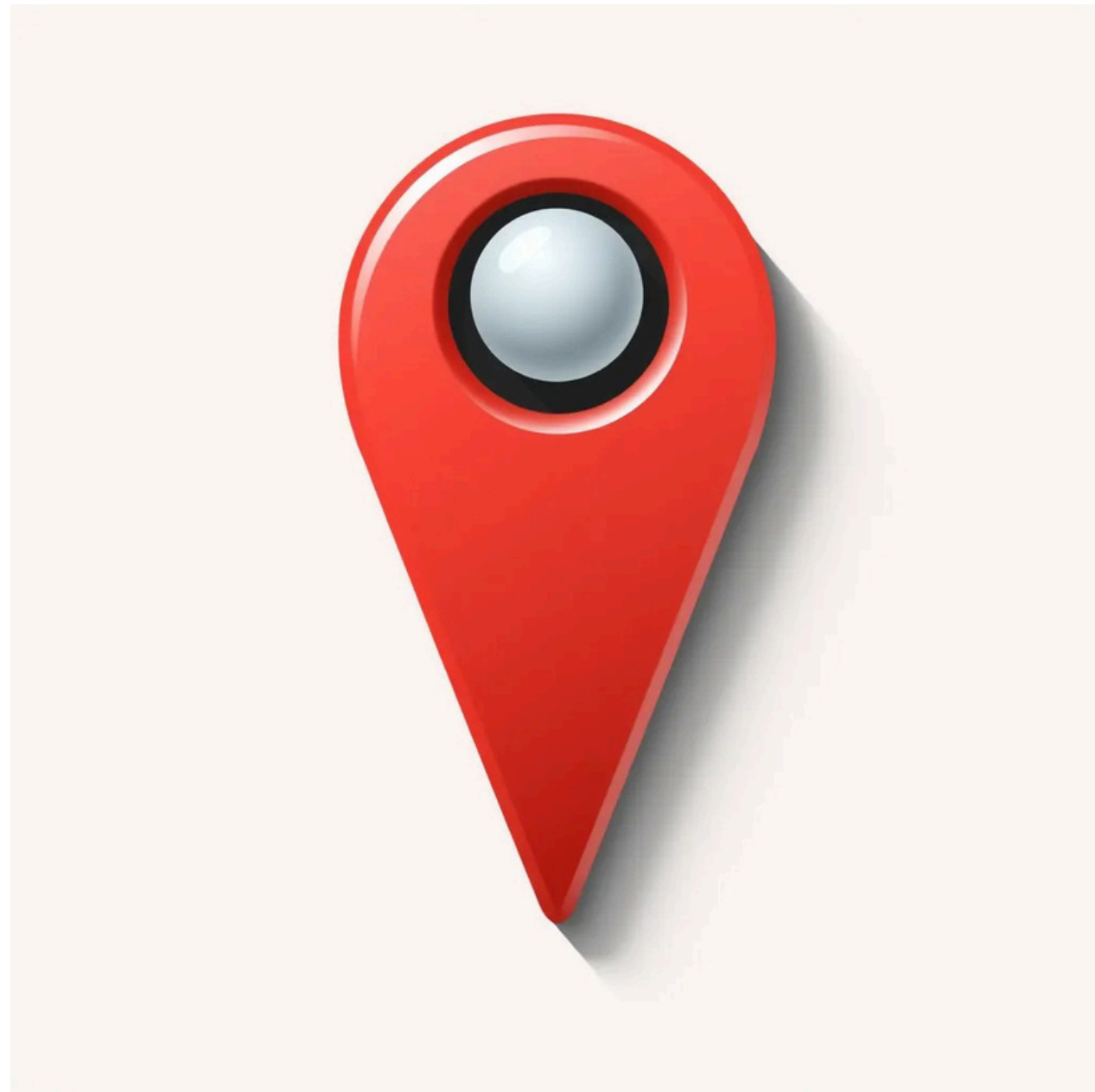
A shopping cart icon with a simple outline and a few items inside the cart. The design is sleek, with a light blue color scheme, representing e-commerce.

カメラアイコン



A camera icon with a lens in the center and a small flash at the top corner. The design is slightly rounded, with a dark gray body and a blue lens.

地図ピンアイコン



A map pin icon representing a location, with a small circle at the tip. The pin is red, with a drop shadow to give it a slight 3D effect.

音楽ノートアイコン



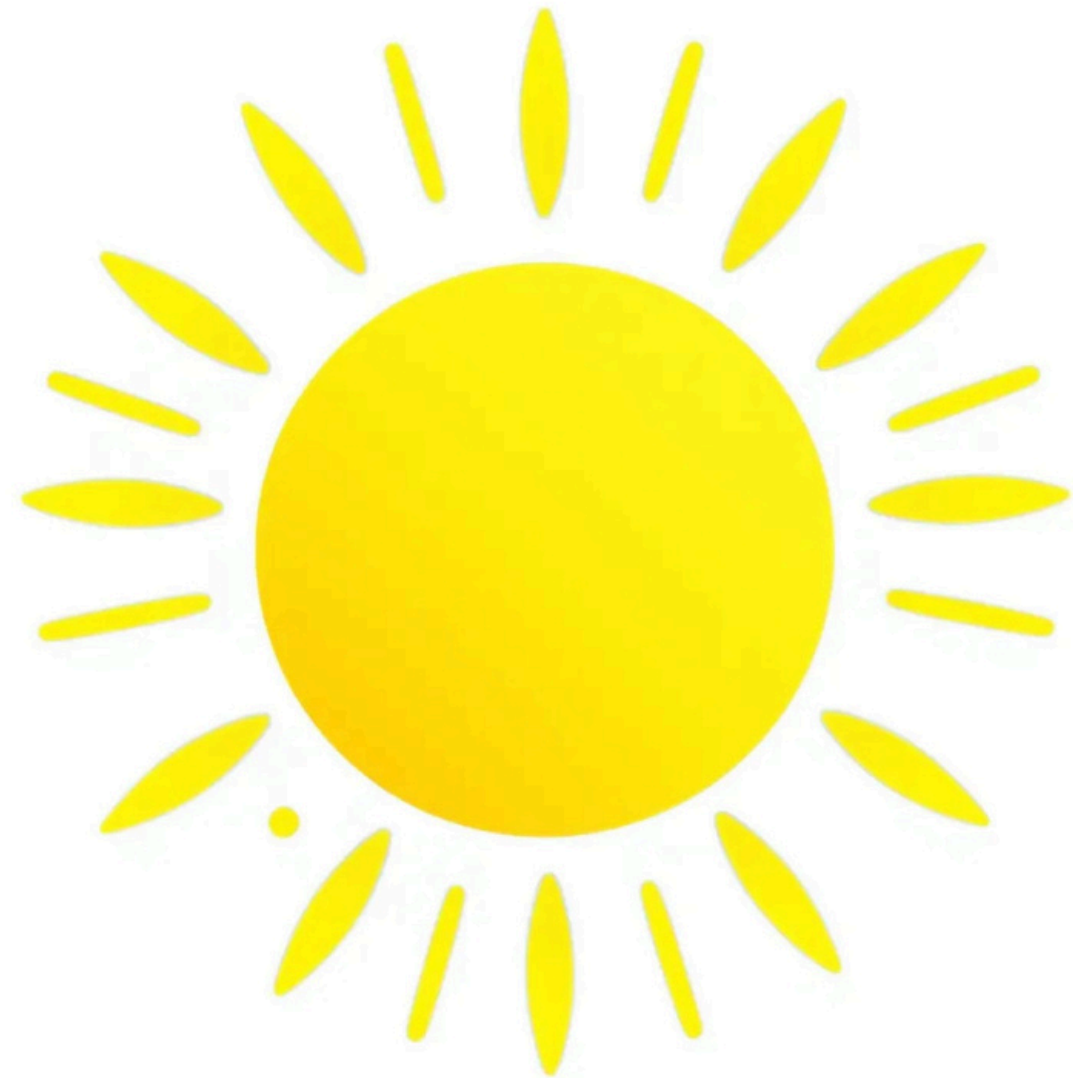
A musical note icon with two connected eighth notes. The design is elegant, with smooth curves and a dark purple color, symbolizing music.

電話アイコン



A musical note icon with two connected eighth notes. The design is elegant, with smooth curves and a dark purple color, symbolizing music.

天気 of 太陽アイコン



A sun icon with rays extending outward, representing clear weather. The sun is bright yellow with a slight gradient, giving it a warm and friendly appearance.

鍵アイコン



A key icon with a traditional shape, symbolizing access or security. The key is gold, with a small loop at the top for attaching to a keyring.

書籍アイコン



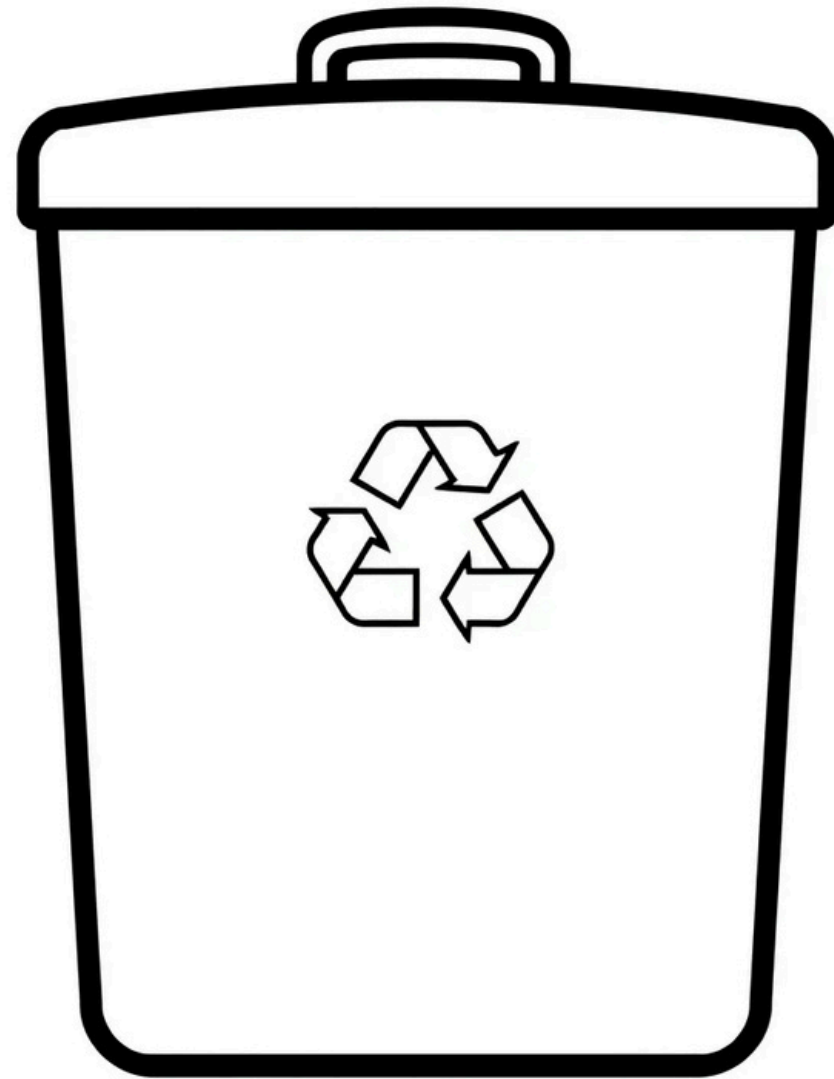
An open book icon with visible pages and a bookmark. The design is simple, with a dark brown cover and white pages, representing reading or literature.

時計アイコン



A clock icon with hour and minute hands, set at a neutral time like 10:10. The design is modern, with a white face and black hands, symbolizing time.

ゴミ箱アイコン



A trash can icon with a hinged lid and a simple, rectangular shape. The can is gray, with a small recycling symbol on the front, indicating waste disposal.

人物アイコン



A silhouette icon of a person, often used for profiles or accounts. The design is generic, with a neutral gray color and a round head with shoulders.

ペンシルアイコン



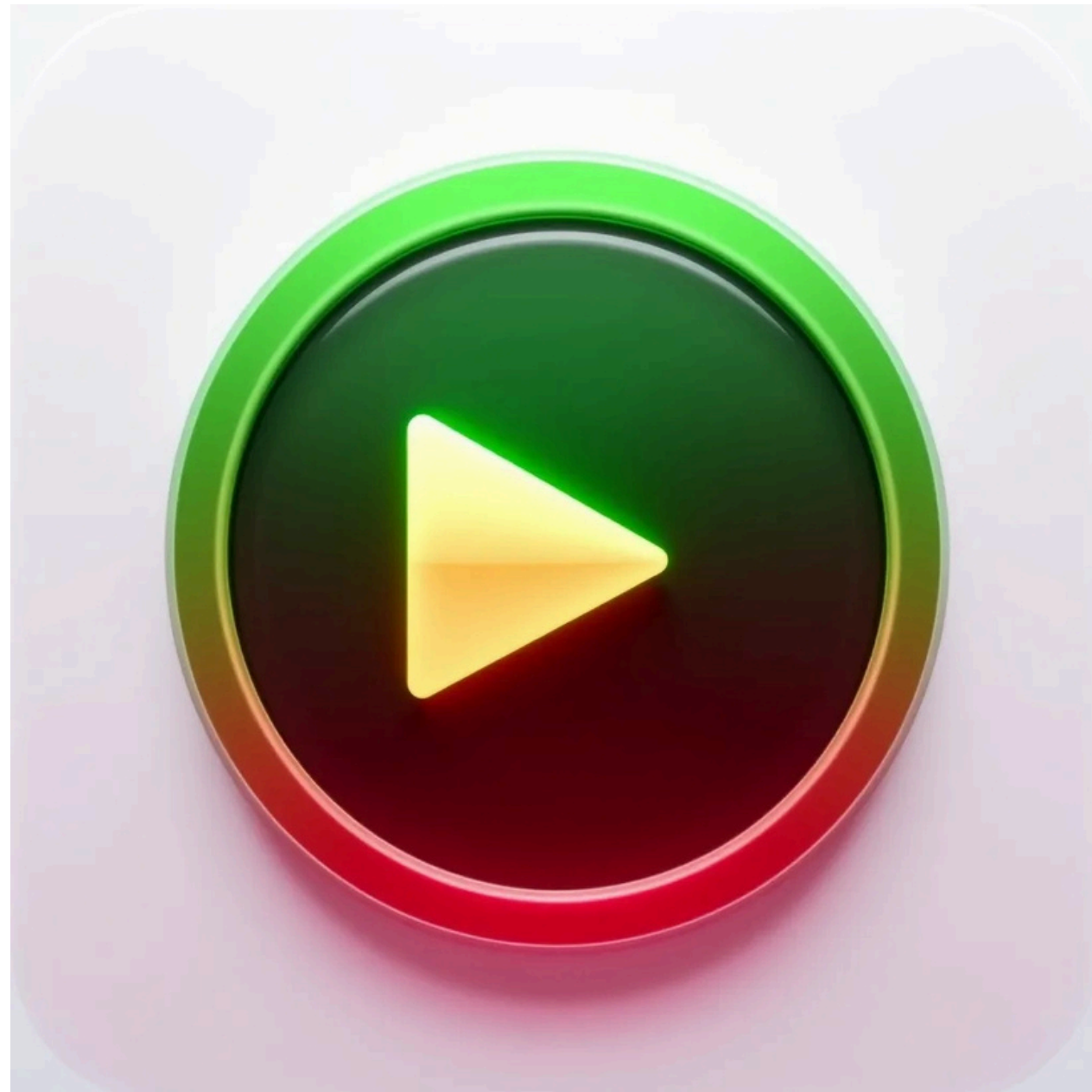
A pencil icon with a sharpened tip and an eraser at the end, symbolizing writing or editing. The pencil is yellow, with a silver ferrule and pink eraser.

Wi-Fiアイコン



A Wi-Fi signal icon with three curved lines above a dot, representing wireless connectivity. The design is simple, with a blue or white color, commonly used in tech apps.

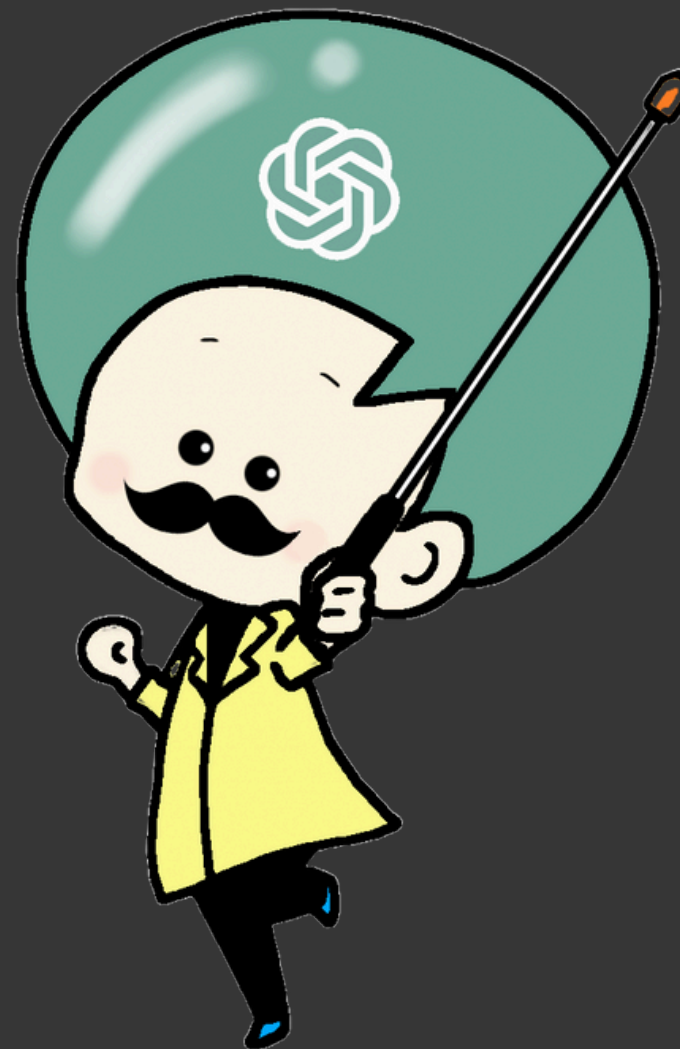
プレイボタンアイコン



A play button icon with a triangle pointing to the right, indicating media playback. The button is enclosed in a circle, with a bright color like green or red for visibility.

- 第6章 -

建物プロンプト20選



近未来の高層ビル



A sleek, futuristic skyscraper with glass walls and sharp angles. The building is illuminated by neon lights and stands tall in a bustling cityscape.

古代ギリシャの神殿



A grand Greek temple with tall marble columns and intricate carvings. The structure is surrounded by olive trees, set against a clear blue sky.

中世の城



A massive stone castle with towering battlements, a drawbridge, and a moat. The castle is perched on a hill, overlooking a medieval village.

日本の伝統的な神社



A serene Shinto shrine with a red torii gate, wooden structures, and a stone pathway. The shrine is surrounded by lush greenery and cherry blossom trees.

モダンなガラス張りのオフィスビル



A modern office building with a facade made entirely of glass. The structure is minimalistic, with clean lines and a reflective surface that mirrors the surrounding city.

ヴィクトリア朝の邸宅



A stately Victorian mansion with ornate details, a steep roof, and a grand entrance. The building is surrounded by a well-manicured garden and wrought-iron fencing.

地中海スタイルのヴィラ



A Mediterranean villa with white stucco walls, terracotta roof tiles, and arched windows. The villa overlooks the sea, with a large terrace and palm trees.

未来的な研究施設



A high-tech research facility with a sleek, minimalist design. The building features large glass panels, solar panels on the roof, and advanced security systems.

ゴシック大聖堂



A towering Gothic cathedral with pointed arches, flying buttresses, and intricate stained glass windows. The cathedral is surrounded by a cobblestone courtyard.

エコフレンドリーな住宅



A sustainable home with a green roof, solar panels, and large windows for natural light. The house is surrounded by a garden filled with native plants.

古代ローマの円形劇場



A grand Roman amphitheater with tiered seating and large arches. The structure is made of stone and stands against a backdrop of rolling hills.

砂漠のオアシスホテル



A luxurious hotel in the middle of a desert oasis, with palm trees, water features, and shaded terraces. The building is designed with a blend of modern and traditional desert architecture.

山岳リゾートのログキャビン



A cozy log cabin nestled in a mountainous region, with a stone chimney and a large porch. The cabin is surrounded by pine trees and overlooks a serene lake.

ルネサンス風の宮殿



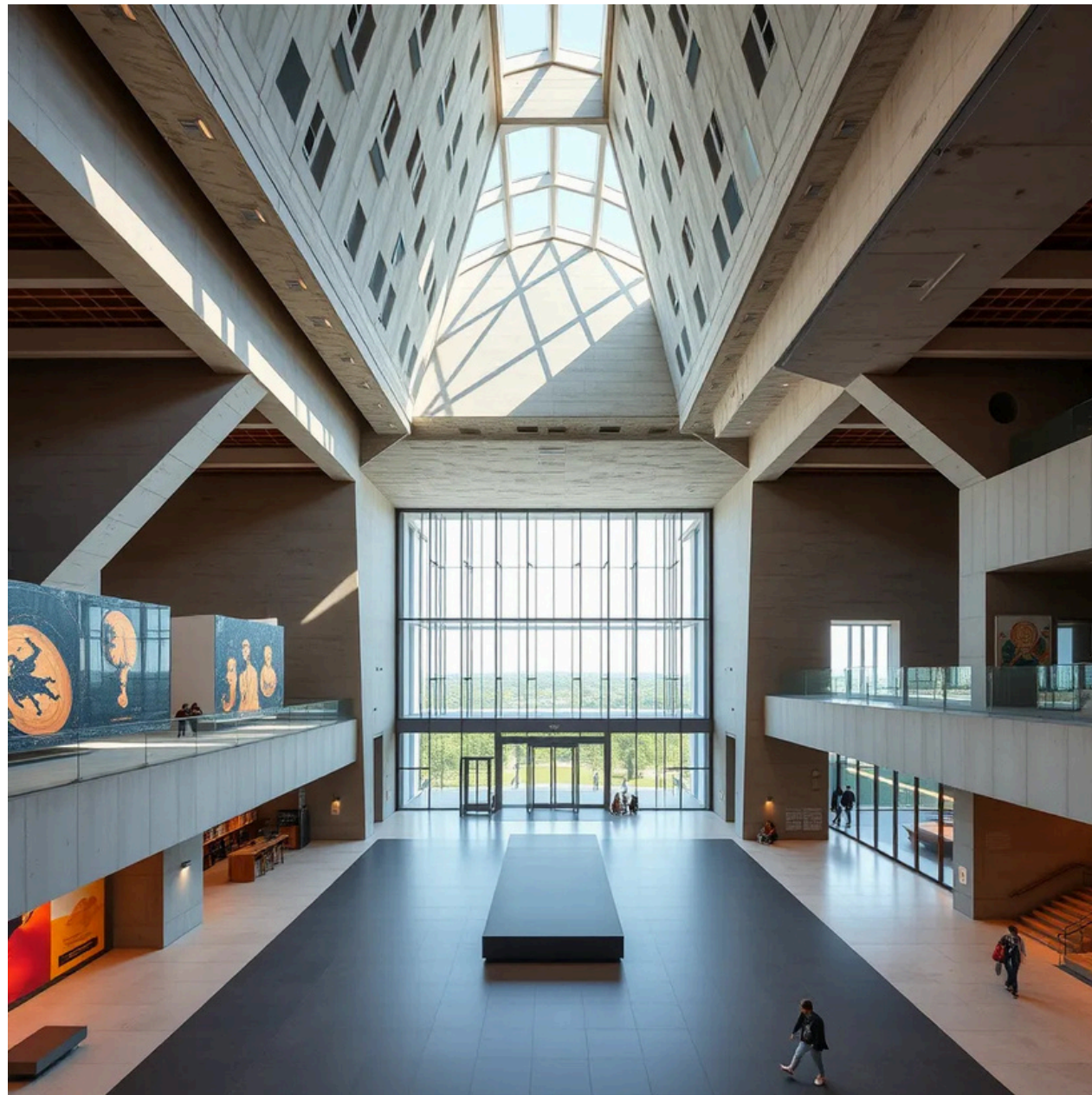
A grand Renaissance palace with ornate facades, domed roofs, and expansive gardens. The palace features intricate sculptures and fountains in the courtyard.

未来の空港ターミナル



A futuristic airport terminal with expansive glass walls, automated systems, and sleek, modern design. The terminal is filled with natural light and advanced technology.

近代的な博物館



A contemporary museum with a unique architectural design, featuring bold geometric shapes and a combination of concrete, glass, and steel. The museum has an open, airy interior.

雪国のスキーリゾートホテル



A winter resort hotel with large windows overlooking snow-covered mountains. The building is constructed with natural wood and stone, creating a warm, inviting atmosphere.

洞窟の中の家



A unique house built into the side of a cave, with a stone facade and natural rock walls. The interior is cozy and warm, with rustic furniture and soft lighting.

古代エジプトのピラミッド



A majestic pyramid made of large stone blocks, standing tall in the desert. The pyramid is surrounded by smaller structures and ancient ruins.

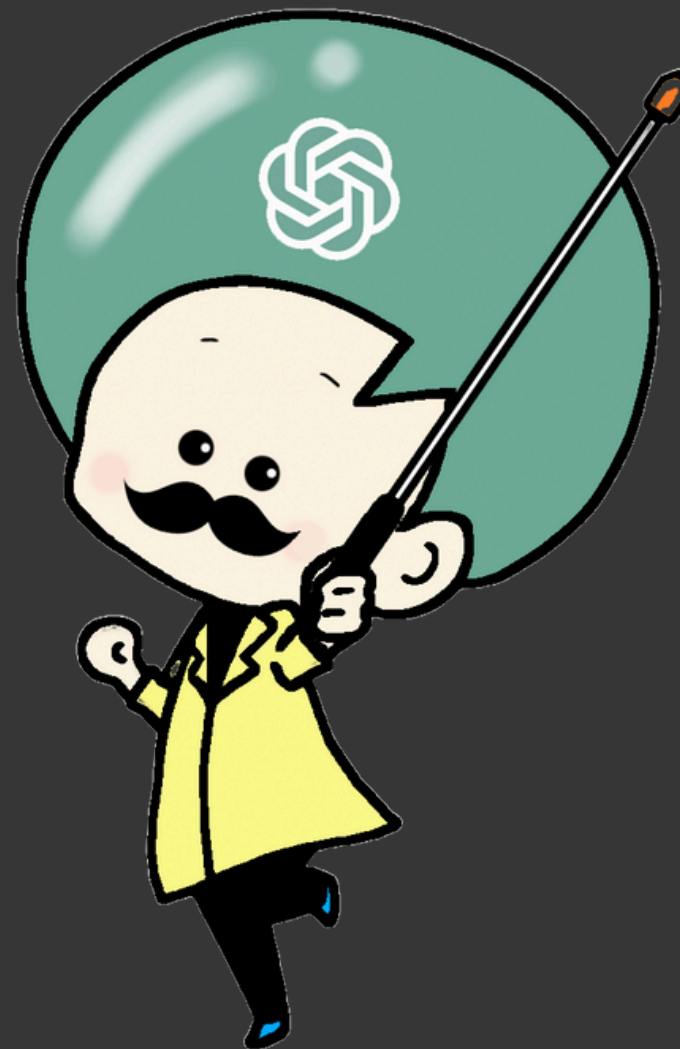
未来的な住宅街



A futuristic neighborhood with eco-friendly homes, communal gardens, and advanced technology. The houses are sleek, with solar panels, green roofs, and smart home systems.

- 第7章 -

植物プロンプト20選



トロピカルなモンステラ



A large Monstera plant with its iconic split leaves, vibrant green in color. The plant is set against a light background, giving it a fresh and tropical feel.

咲き誇る桜の木



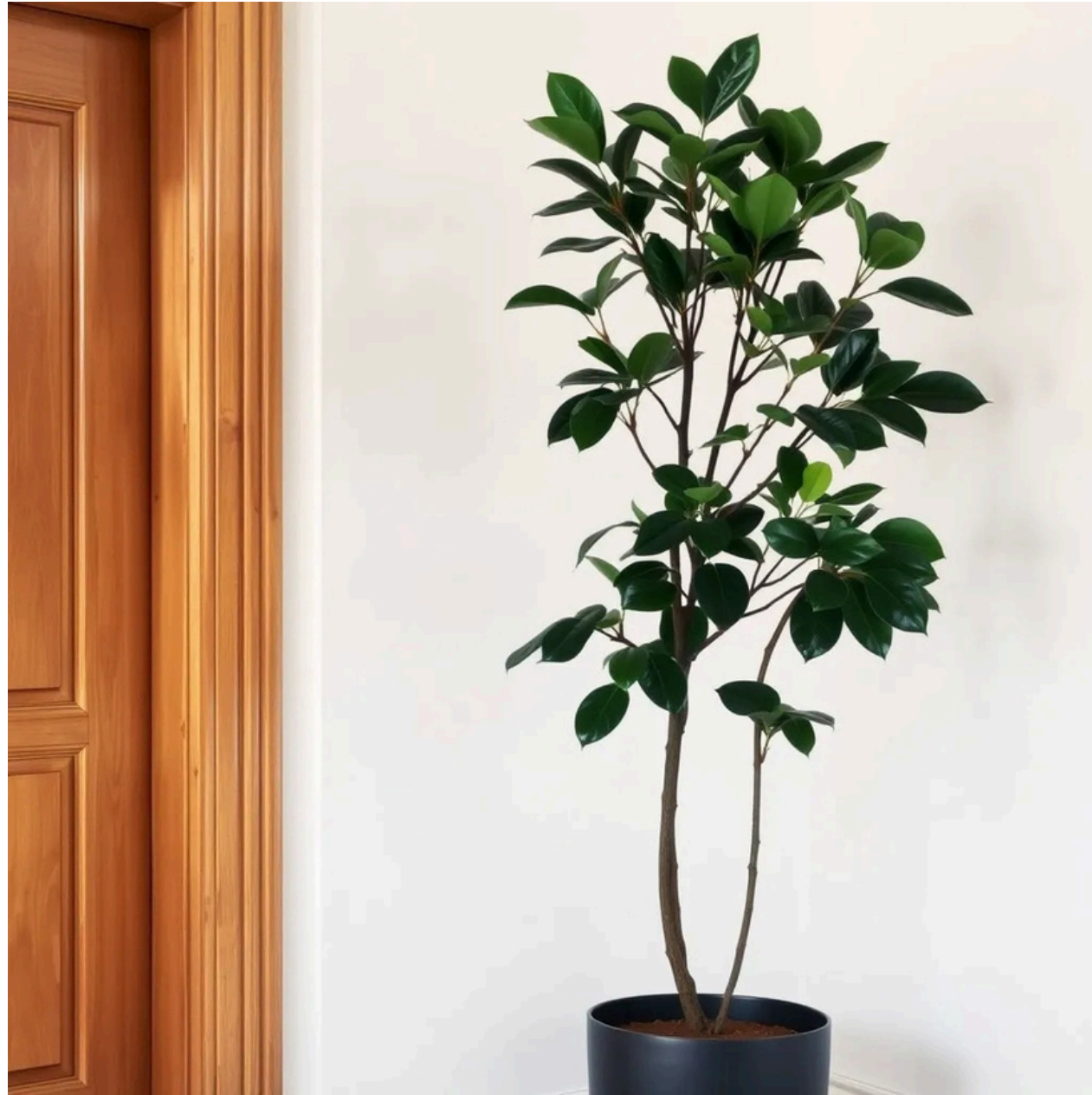
A cherry blossom tree in full bloom, with delicate pink petals gently falling. The branches are gnarled and twisty, set against a clear blue sky.

サボテンの寄せ植え



A collection of different types of cacti in a decorative ceramic pot. The plants vary in size and shape, with some blooming small, colorful flowers.

観葉植物のフィカス



A tall Ficus plant with glossy, dark green leaves. The plant is placed in a sleek, modern pot and sits in the corner of a bright, airy room.

野生のシダ植物



A cluster of wild ferns growing in a shaded forest area. The fronds are lush and green, curling at the tips, with a soft, damp forest floor beneath them.

色鮮やかなヒマワリ



A field of bright yellow sunflowers with tall, sturdy stems. The flowers are facing the sun, with a clear blue sky in the background.

クラシックなバラの花束



A bouquet of red roses with deep, velvety petals and dark green leaves. The flowers are arranged in a simple glass vase, tied with a satin ribbon.

水辺のハスの花



A serene pond with floating lotus flowers, their pink and white petals open wide. Large, round lily pads surround the flowers, with calm water reflecting the scene.

高山植物のエーデルワイス



A small cluster of Edelweiss flowers growing in rocky, mountainous terrain. The star-shaped white flowers are nestled among green leaves, with a backdrop of rugged peaks.

ブドウのつる植物



A grapevine climbing up a trellis, with bunches of purple grapes hanging from the vines. The leaves are broad and green, partially shading the ripening fruit.

盆栽の松の木



A meticulously groomed bonsai pine tree in a traditional ceramic pot. The tree has a twisted trunk and carefully pruned branches, symbolizing patience and care.

繊細なオーキッド



An orchid plant with long, arching stems and delicate white and purple flowers. The plant is placed in an elegant pot, with roots draping gracefully over the sides.

庭のハーブガーデン



A small herb garden with a variety of fragrant plants like basil, rosemary, and thyme. The herbs are neatly planted in rows, ready to be used for cooking.

秋の紅葉したメープルツリー



A maple tree with leaves that have turned vibrant shades of red, orange, and yellow. The tree stands in a park, with fallen leaves carpeting the ground beneath it.

南国のバナナの木



A banana tree with broad, green leaves and a cluster of bananas hanging from the top. The plant is set in a lush, tropical environment with bright sunlight.

乾燥地帯のアロエベラ



An Aloe Vera plant with thick, spiky leaves growing in a dry, arid environment. The leaves are a pale green, and the plant is surrounded by sandy soil.

夜咲く月下美人



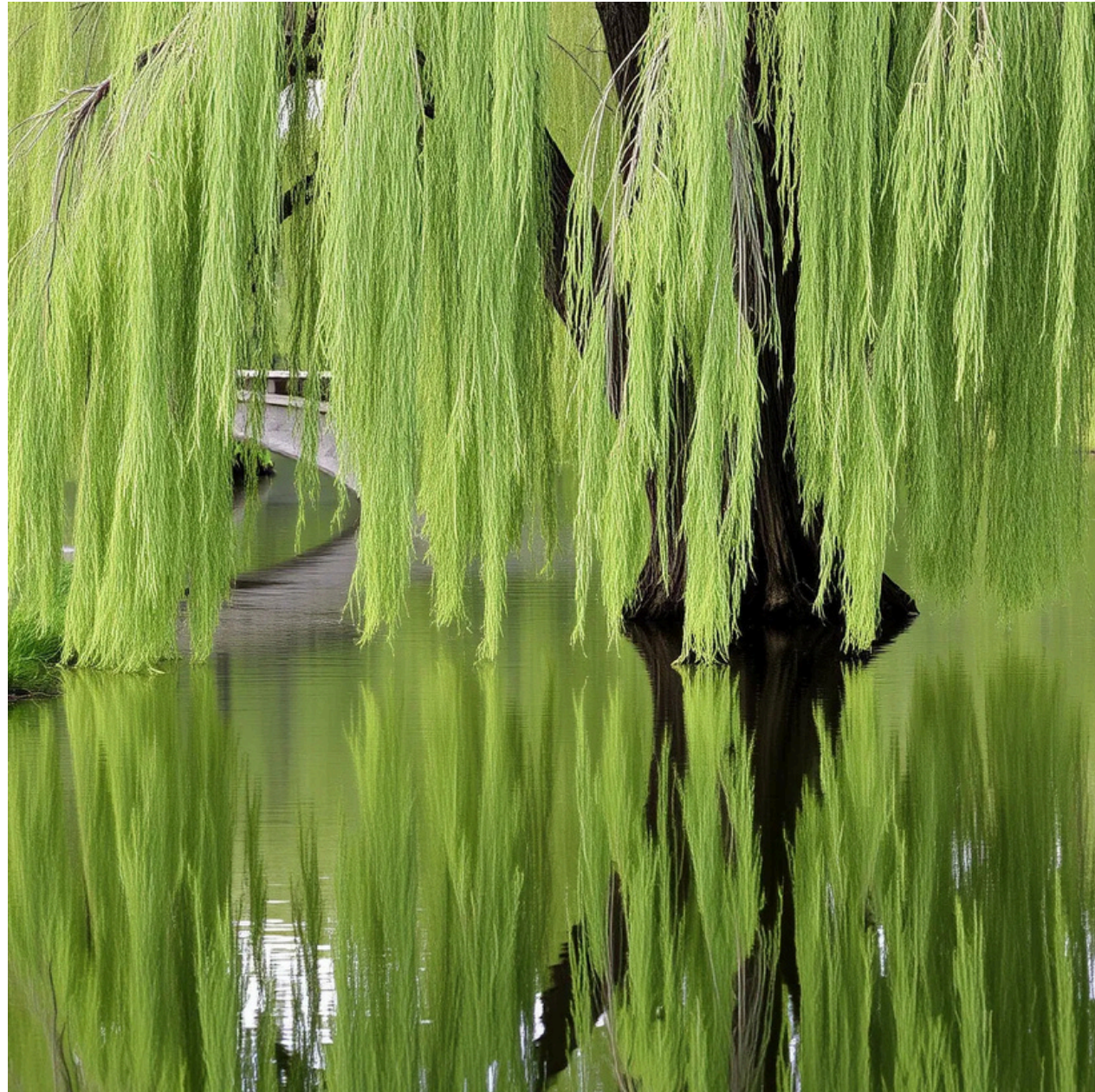
A Night-blooming Cereus, also known as Queen of the Night, with large, fragrant white flowers that open after dark. The plant is draped over a stone wall under the moonlight.

ジャングルのラン



An exotic orchid growing on a tree branch in a dense jungle. The flowers are vibrant, with intricate patterns on the petals, and the surrounding foliage is thick and green.

水辺の柳の木



A willow tree with long, drooping branches that reach down to touch the water's surface. The tree is reflected in a calm river, creating a peaceful, mirror-like image.

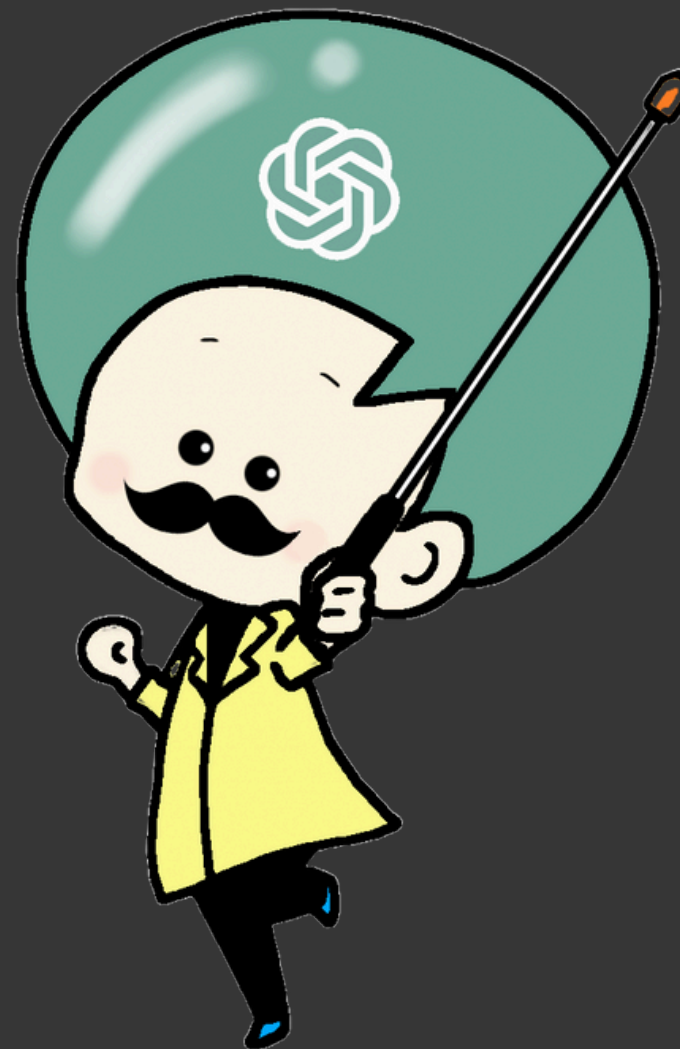
鉢植えの多肉植物



A collection of succulents in a shallow, decorative pot. The plants vary in color and shape, with some having rosettes of fleshy leaves, and others sporting tiny, bead-like growths.

- 第8章 -

生き物プロンプト20選



高貴なライオン



A majestic lion with a flowing mane, standing proudly on a rock. The lion is bathed in the golden light of sunset, with a savannah stretching out behind him.

カラフルなオウム



A vibrant parrot with bright red, blue, and yellow feathers, perched on a tree branch in a tropical rainforest. The parrot's eyes are alert, and its beak is slightly open.

森のシカ



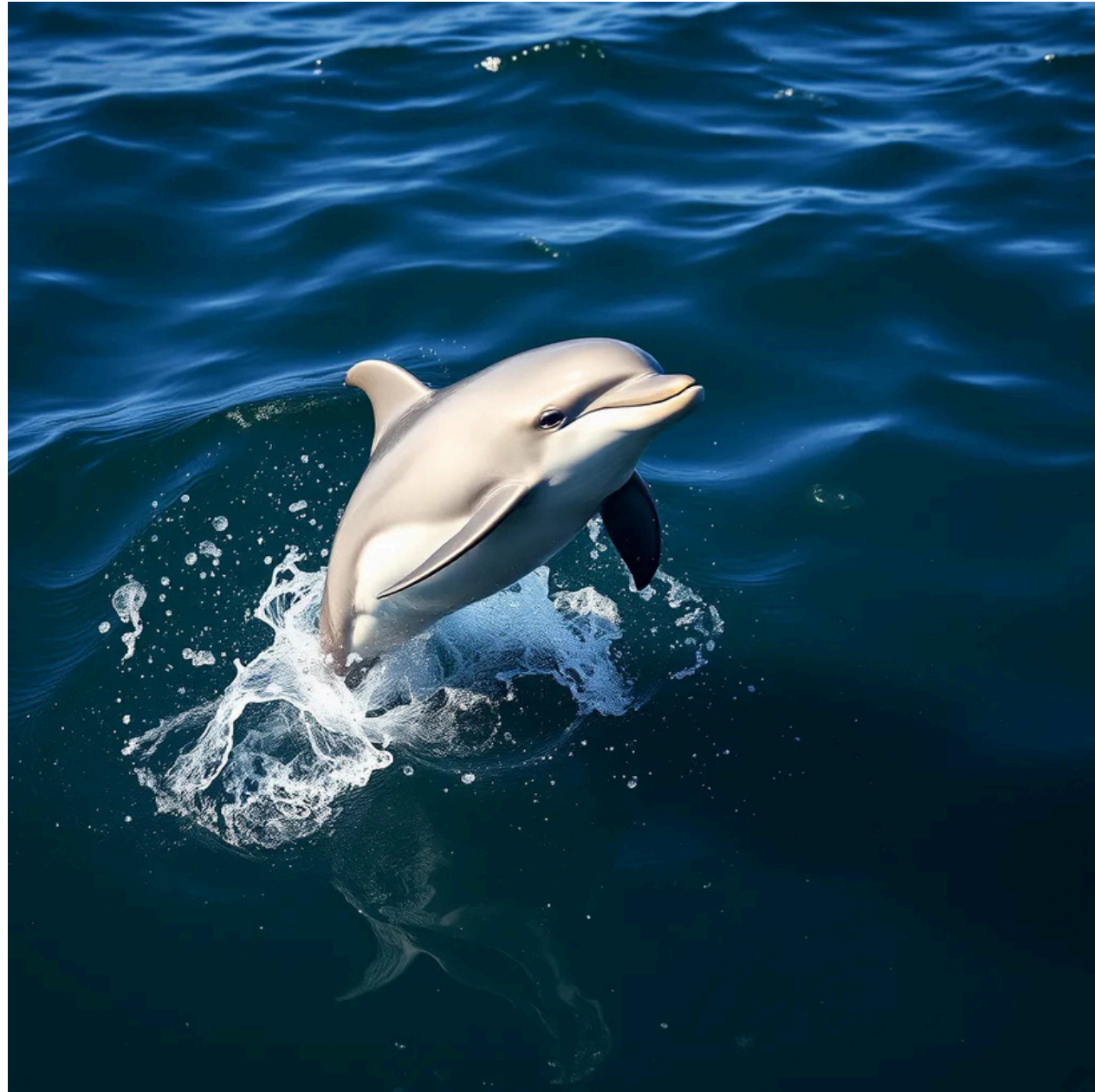
A graceful deer standing in a dense forest, surrounded by tall trees and dappled sunlight. The deer has large, gentle eyes and a set of antlers covered in velvet.

小さなハリネズミ



A small hedgehog curled up into a ball, resting on a bed of autumn leaves. The hedgehog's quills are sharp but its face is soft, with curious eyes peeking out.

優雅なイルカ



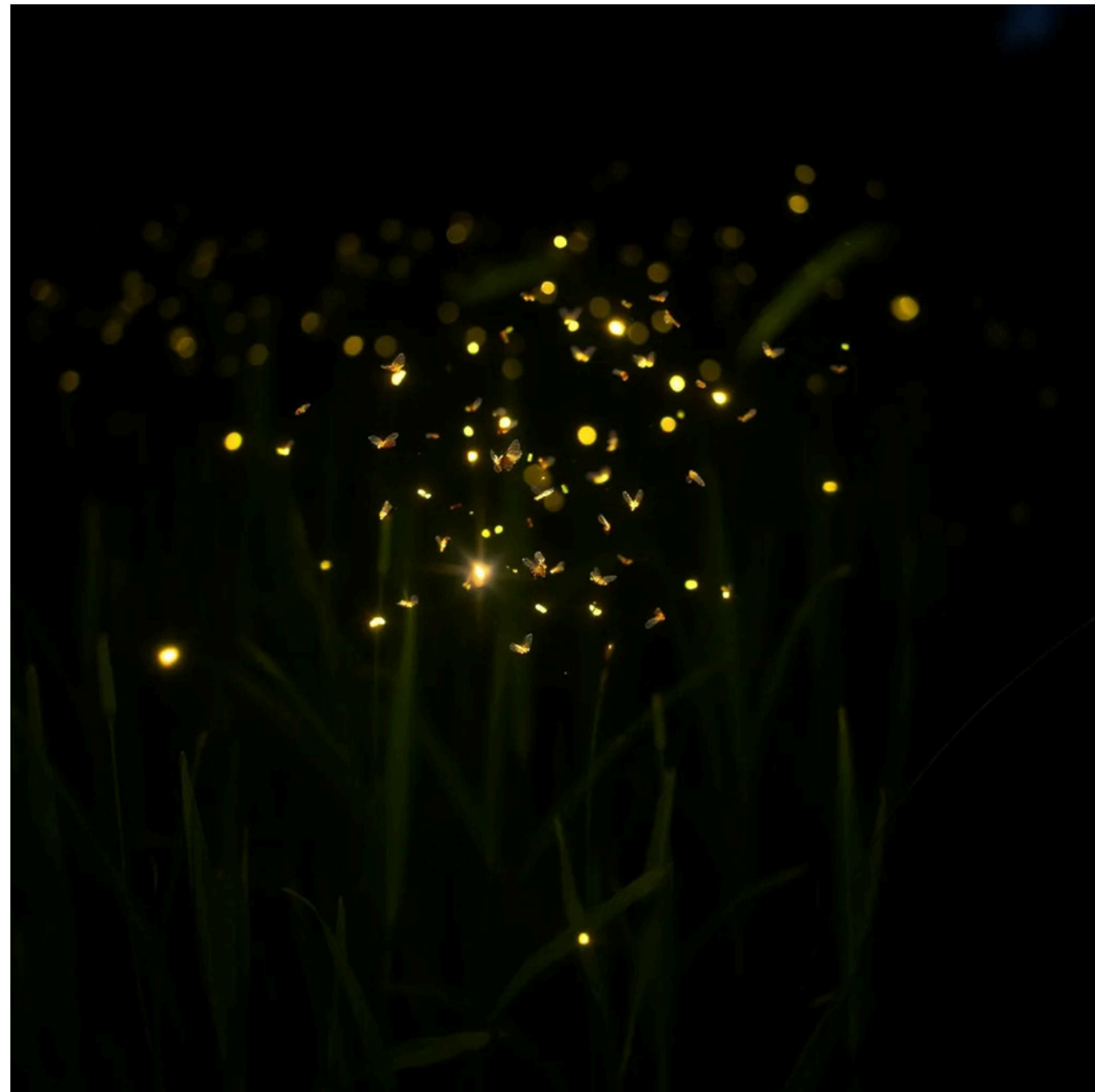
A playful dolphin leaping out of the ocean, water droplets glistening in the sunlight. The dolphin's body is sleek and streamlined, with a joyful expression.

古代のカメ



An ancient sea turtle swimming gracefully through the clear blue waters of a coral reef. The turtle's shell is worn with age, and colorful fish swim alongside it.

輝くホタル



A group of glowing fireflies hovering over a field of tall grass on a summer night. The fireflies' light illuminates the surrounding area, creating a magical atmosphere.

森のフクロウ



A wise-looking owl perched high on a tree branch in a dark forest. The owl's large eyes are wide open, reflecting the moonlight, and its feathers are fluffed up against the cold.

砂漠のラクダ



A strong camel walking through the vast desert, with sand dunes stretching out behind it. The camel has a calm expression and its hump is full, prepared for a long journey.

青いクジラ



A massive blue whale swimming through the deep ocean, its enormous body moving slowly and powerfully through the water. Schools of fish scatter as the whale passes by.

キツネの親子



A mother fox with her two playful kits in a grassy meadow. The kits are tumbling over each other, while the mother watches protectively, her fur glowing in the sunlight.

雪原の白ウサギ



A white rabbit hopping through a snowy landscape, its fur blending perfectly with the snow. The rabbit's nose twitches as it pauses to sniff the air, alert to any danger.

ジャングルのトラ



A powerful tiger prowling through the dense jungle, its orange and black stripes blending with the shadows. The tiger's eyes are focused, and its muscles ripple as it moves silently.

アルプスのヤギ



A mountain goat standing on a steep cliff in the Alps, its hooves gripping the rocky terrain. The goat's horns curve gracefully, and it looks out over the vast mountain range.

カワイイペンギン



A group of penguins waddling together across the icy terrain of Antarctica. The penguins are huddled close for warmth, their black and white feathers standing out against the snow.

水辺のカワセミ



A bright blue kingfisher perched on a branch overhanging a calm river. The kingfisher is poised to dive, its sharp beak pointing downwards, eyes fixed on the water.

草原のゾウ



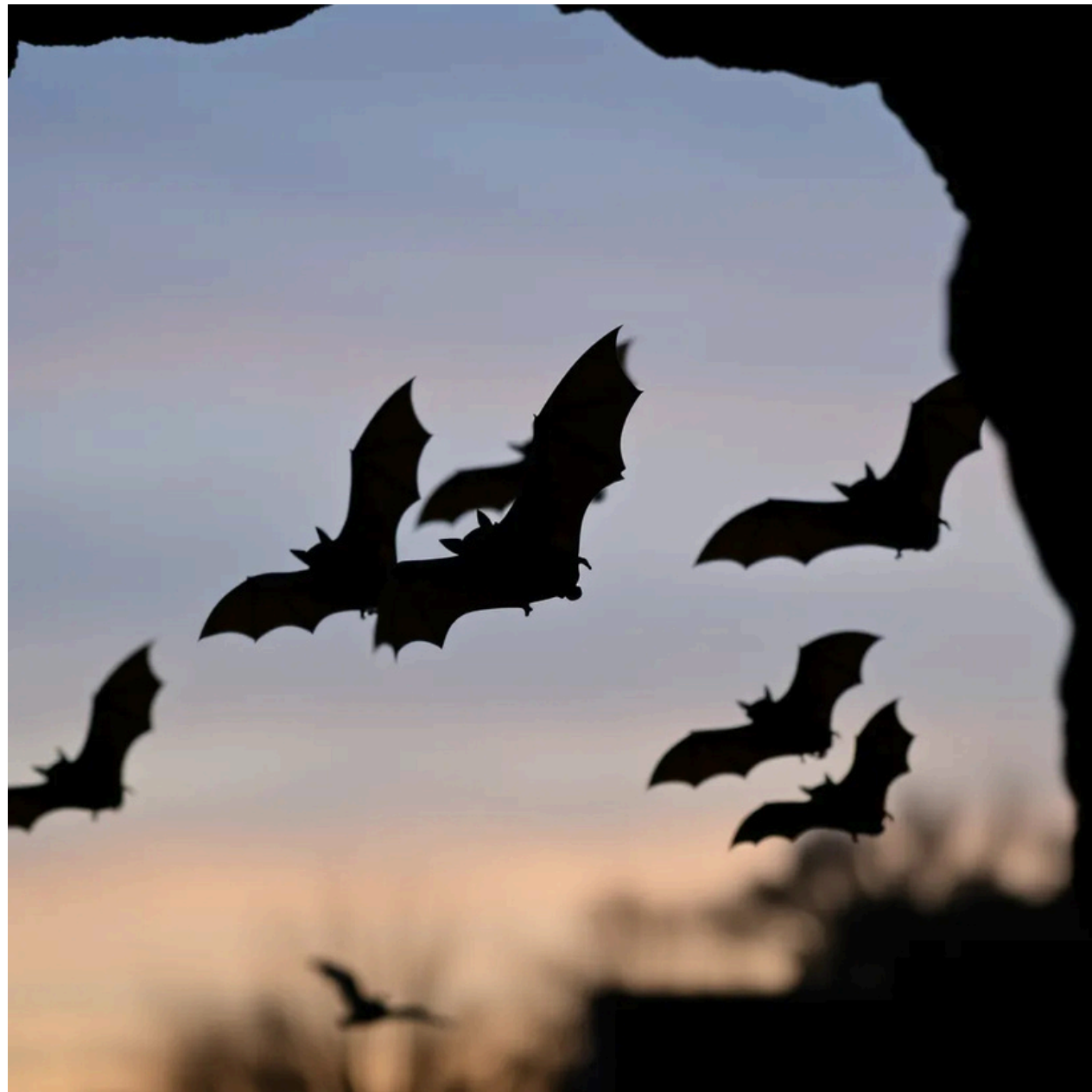
A majestic elephant walking slowly across a grassy savannah, its large ears flapping gently. The elephant's trunk sways as it moves, and a small calf walks beside it.

ヒマラヤの雪豹



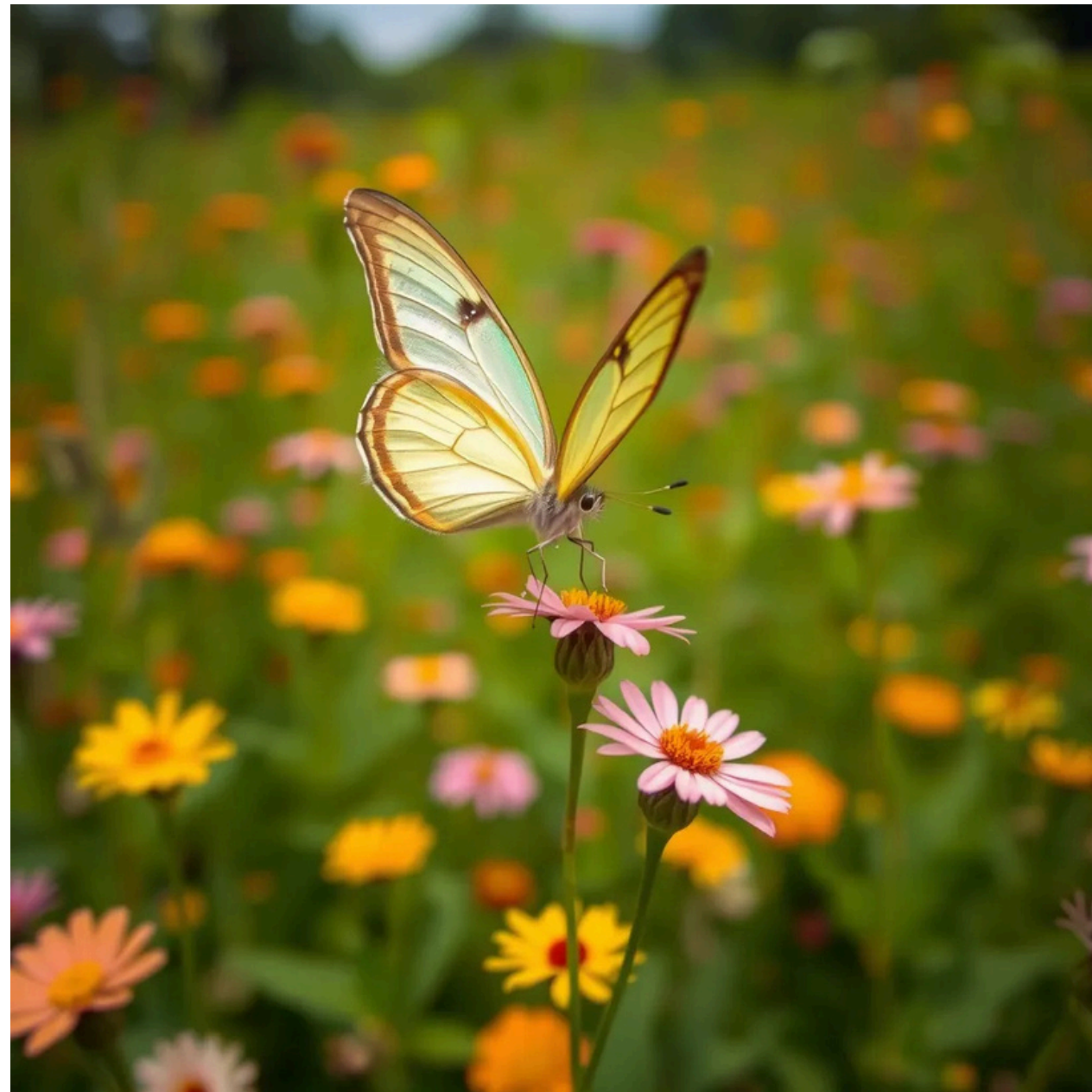
A snow leopard stealthily making its way across a snowy mountain slope in the Himalayas. The leopard's spotted coat blends perfectly with the rocky terrain, and its eyes are piercing.

夜行性のコウモリ



A group of bats flying out of a cave at dusk, silhouetted against the evening sky. The bats' wings are spread wide, and their sharp, pointed ears are clearly visible.

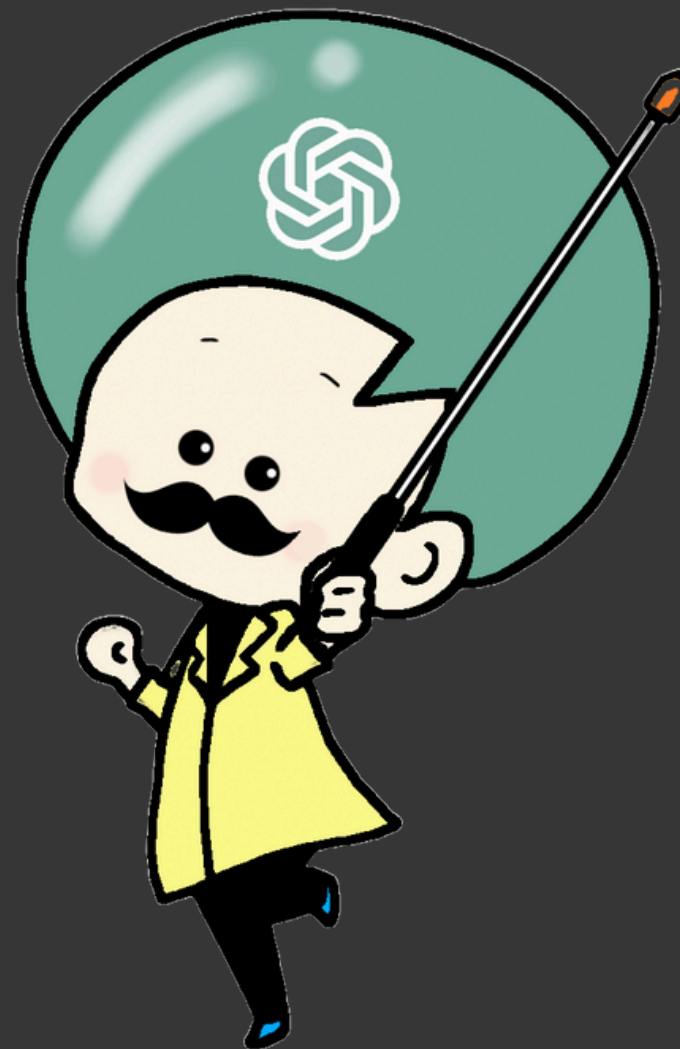
南国の蝶



A delicate butterfly with brightly colored wings fluttering above a field of wildflowers in a tropical setting. The butterfly's wings have intricate patterns, and it hovers gracefully from flower to flower.

- 第9章 -

食べ物プロンプト20選



ジューシーなハンバーガー



A mouth-watering hamburger with a thick beef patty, melted cheese, fresh lettuce, tomato, and onions, all sandwiched between a toasted sesame seed bun.

完璧に焼かれたステーキ



A perfectly cooked steak, seared on the outside with a tender, juicy center. The steak is garnished with a sprig of rosemary and served on a wooden cutting board.

彩り豊かな寿司盛り合わせ



A vibrant sushi platter featuring a variety of sushi rolls, sashimi, and nigiri. The plate includes colorful fish, avocado, and a sprinkle of sesame seeds, with a side of pickled ginger and wasabi.

朝食のパンケーキタワー



A stack of fluffy pancakes topped with fresh berries, a drizzle of maple syrup, and a dollop of whipped cream. The pancakes are golden brown and perfectly round.

チーズがとろけるピザ



A hot, cheesy pizza with a crispy crust and bubbling mozzarella cheese. The pizza is topped with pepperoni, mushrooms, and fresh basil leaves.

クリーミーなパスタカルボナーラ



A bowl of creamy carbonara pasta with al dente spaghetti, crispy pancetta, and a generous sprinkling of Parmesan cheese. The dish is garnished with freshly cracked black pepper.

焼きたてのクロワッサン



A freshly baked croissant with a golden, flaky exterior and a soft, buttery inside. The croissant is served warm, with a light dusting of powdered sugar.

ヘルシーなサラダボウル



A colorful salad bowl filled with fresh greens, cherry tomatoes, cucumber slices, avocado, and grilled chicken. The salad is topped with a lemon vinaigrette and a sprinkle of sunflower seeds.

トロピカルフルーツの盛り合わせ



A platter of tropical fruits including sliced mango, pineapple, kiwi, and papaya. The fruits are arranged in a visually appealing way, with vibrant colors and a refreshing look.

チョコレートケーキの一切れ



A decadent slice of chocolate cake with layers of rich, moist cake and creamy chocolate ganache. The cake is topped with chocolate shavings and a dollop of whipped cream.

アイスクリームサンデー



A towering ice cream sundae with scoops of vanilla, chocolate, and strawberry ice cream, drizzled with chocolate syrup and topped with a cherry, nuts, and whipped cream.

焼き魚の定食



A traditional Japanese set meal featuring a perfectly grilled fish, served with a side of steamed rice, miso soup, and pickled vegetables. The fish is garnished with a slice of lemon.

スパイシータコス



A plate of spicy tacos filled with seasoned beef, lettuce, shredded cheese, and salsa, all wrapped in a warm corn tortilla. The tacos are served with lime wedges and hot sauce.

パリパリのフライドチキン



A basket of crispy fried chicken with a golden brown coating. The chicken is juicy on the inside, with a side of dipping sauce and coleslaw.

フルーツタルト



A beautiful fruit tart with a buttery crust, creamy custard filling, and an arrangement of fresh berries, kiwi, and sliced peaches. The tart is glazed with a shiny apricot glaze.

あつあつのラーメン



A steaming bowl of ramen with a rich broth, springy noodles, tender slices of pork, and a soft-boiled egg. The ramen is topped with green onions, nori, and sesame seeds.

カラフルなマカロン



A selection of colorful macarons with crispy shells and creamy fillings, arranged neatly on a plate. The flavors include raspberry, pistachio, lemon, and chocolate.

カリフォルニアロール



A classic California roll sushi, with a filling of crab meat, avocado, and cucumber, wrapped in seaweed and rice, and topped with sesame seeds.

パンプキンスープ



A warm bowl of creamy pumpkin soup, garnished with a swirl of cream, a sprinkle of pumpkin seeds, and a dash of nutmeg. The soup is served with a slice of crusty bread.

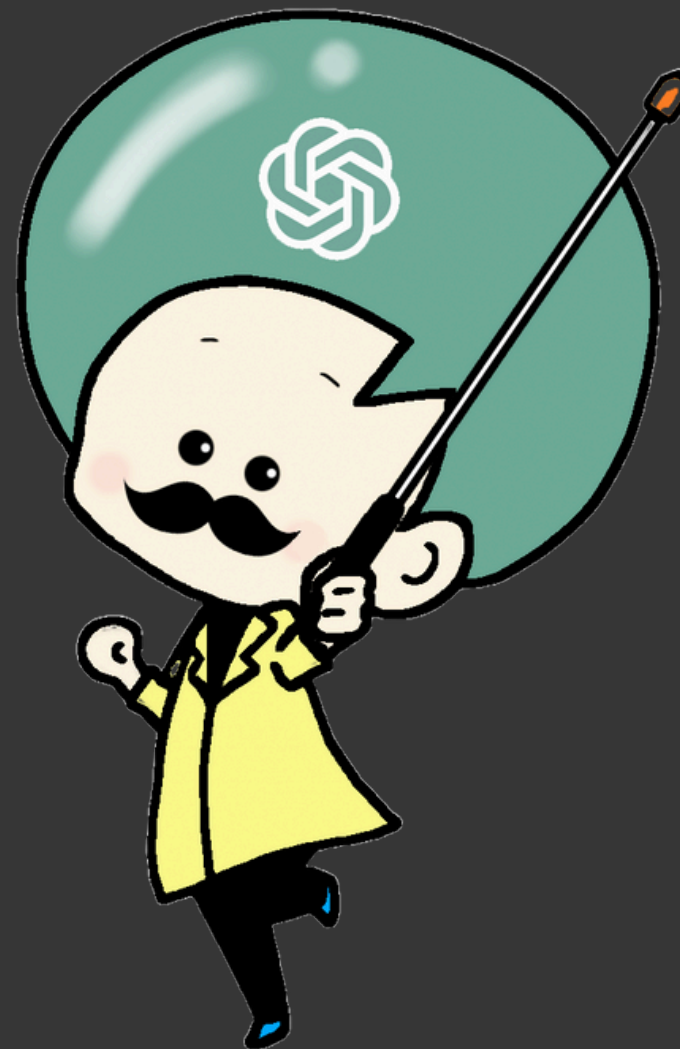
伝統的なフレンチトースト



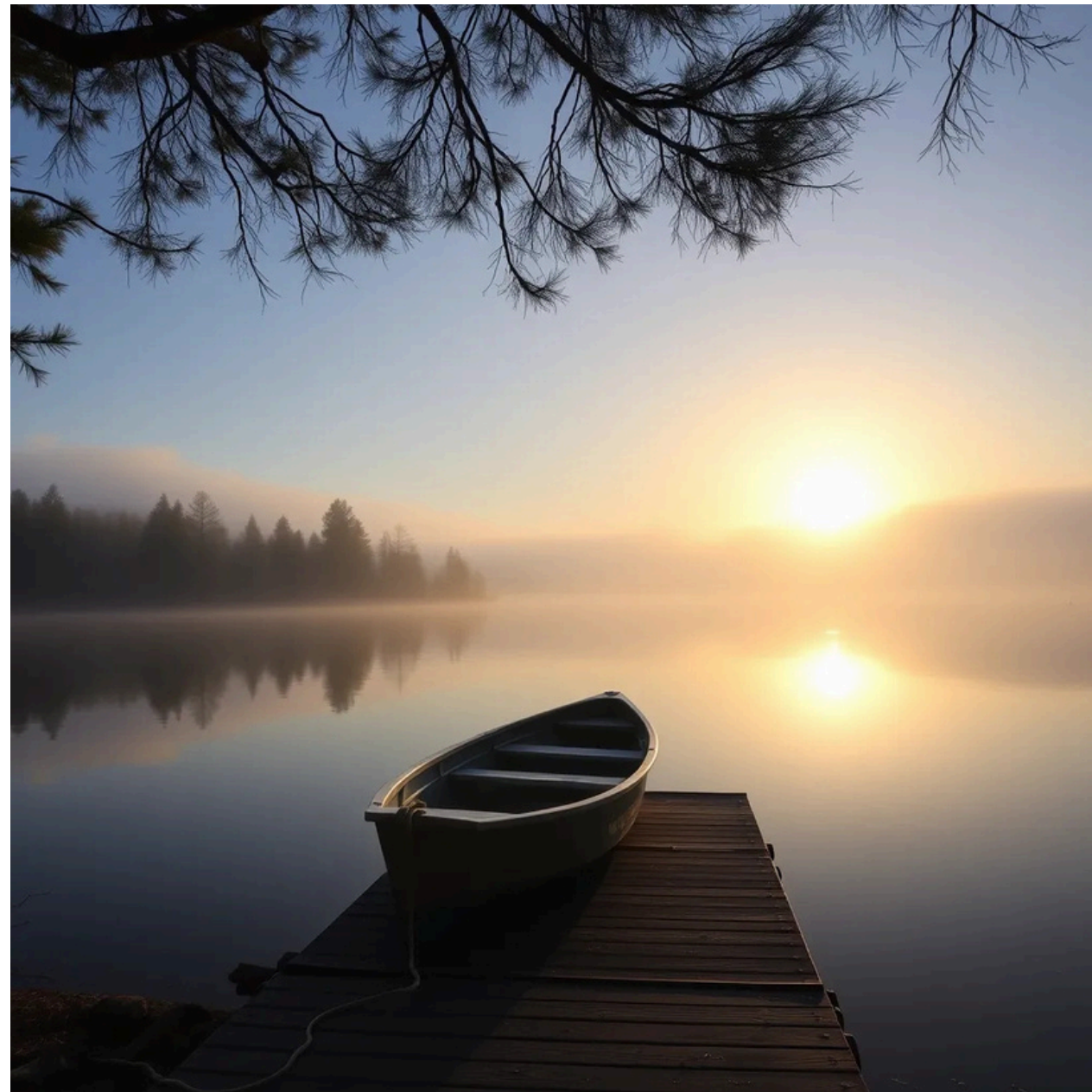
A plate of French toast made from thick slices of brioche bread, soaked in a rich egg mixture and fried to golden perfection. The toast is topped with powdered sugar, fresh berries, and a drizzle of maple syrup.

- 第10章 -

風景画プロンプト20選



静かな湖畔の朝



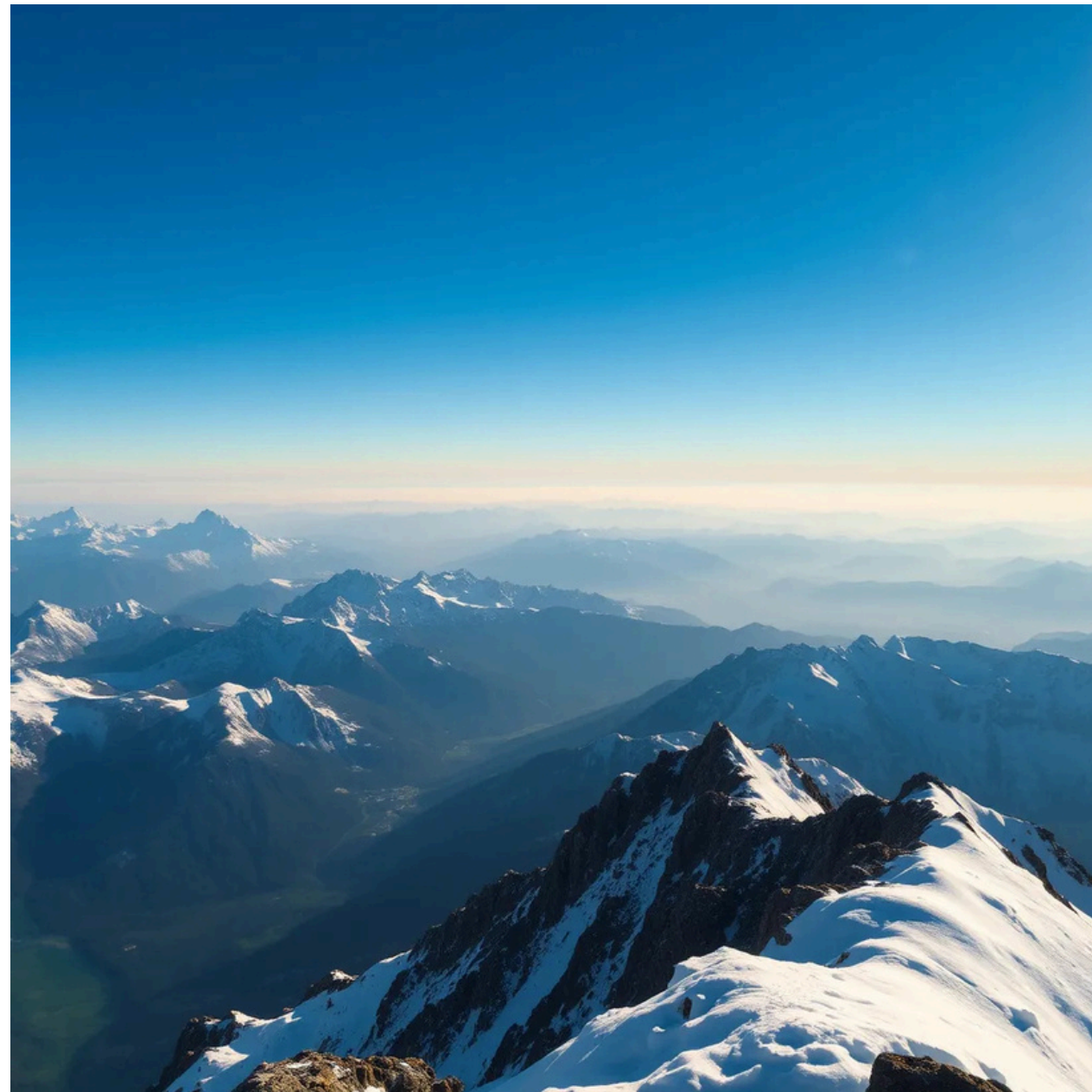
A peaceful lakeside scene at dawn, with mist rising from the water and the first light of the sun reflecting on the calm surface. Pine trees line the shore, and a small rowboat is tied to a wooden dock.

秋の森の小道



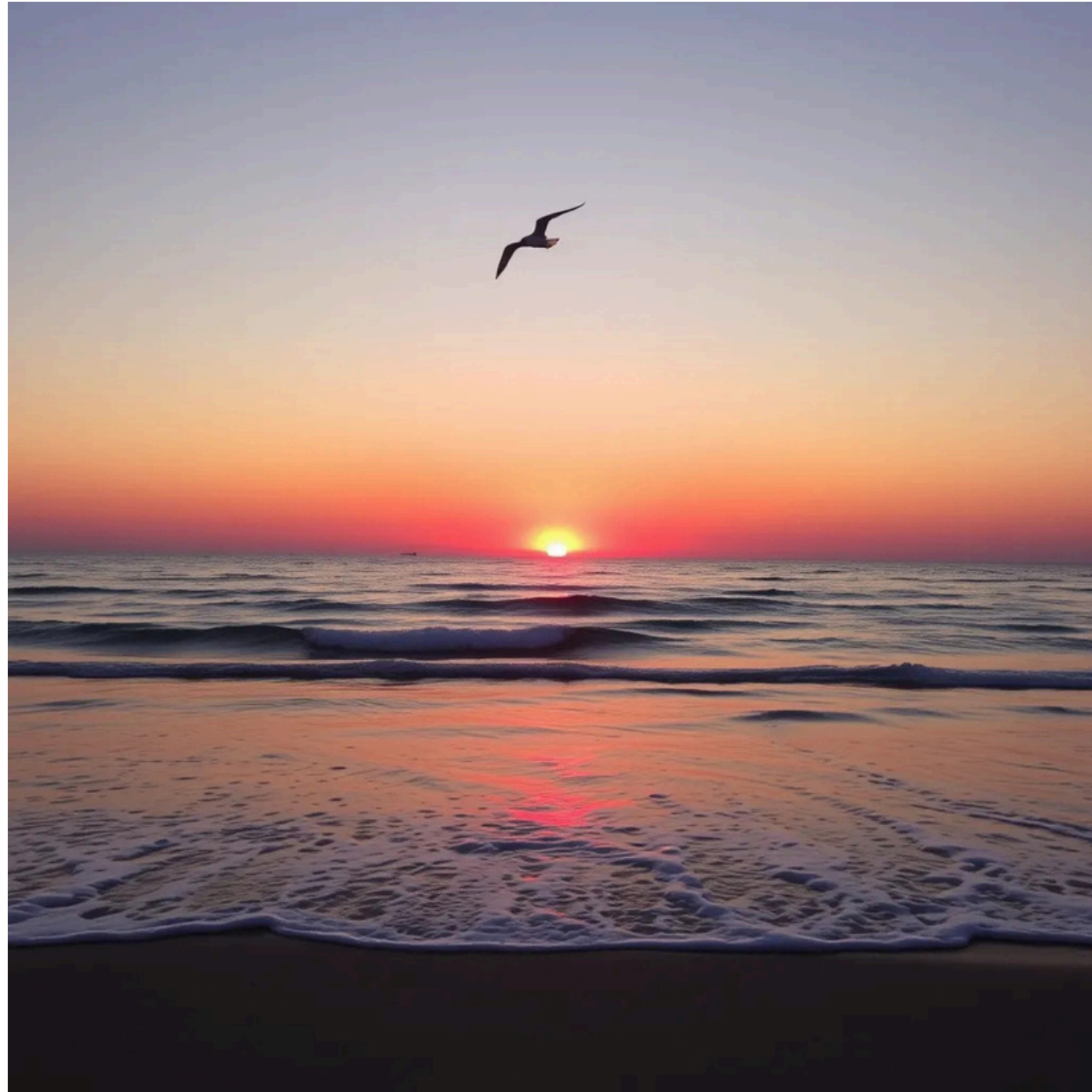
A winding path through a dense forest in autumn, with leaves in shades of red, orange, and yellow covering the ground. The trees arch over the path, creating a natural tunnel of color.

雪山の頂上からの眺め



A breathtaking view from the summit of a snow-covered mountain, with rugged peaks stretching into the distance. The sky is a crisp, clear blue, and the sun casts long shadows over the landscape.

波打ち際の夕日



A serene beach at sunset, with the sun dipping below the horizon, painting the sky in shades of pink, orange, and purple. Gentle waves lap at the shore, and a lone seagull soars above the water.

花咲く野原



A vast meadow in full bloom, with wildflowers of every color swaying gently in the breeze. In the distance, rolling hills meet a bright blue sky with fluffy white clouds.

海沿いの崖



A dramatic cliffside overlooking a turbulent sea, with waves crashing against the rocks below. The cliffs are covered in green grass and wildflowers, and a lighthouse stands tall on the edge.

田舎の風景



A tranquil countryside scene with rolling fields of golden wheat, a rustic farmhouse, and a winding dirt road leading to the horizon. The sky is dotted with small, fluffy clouds.

夜空の星



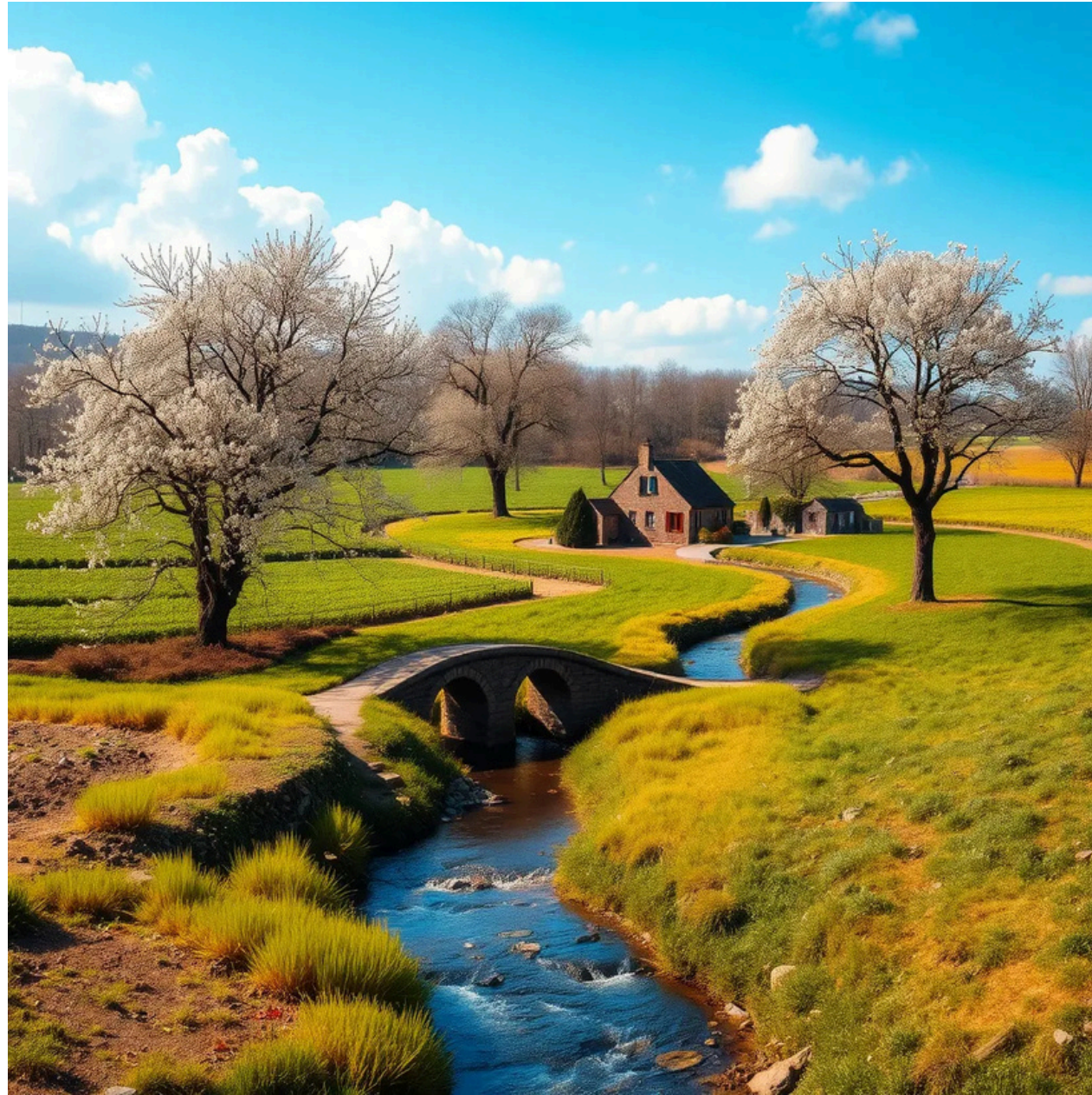
A vast night sky filled with countless stars, with the Milky Way stretching across the horizon. Below, a quiet landscape of rolling hills and a small, glowing campfire.

嵐の前の海



A turbulent seascape with dark, ominous clouds gathering on the horizon, and large waves crashing against the shore. The air is charged with the tension of an approaching storm.

春の田園風景



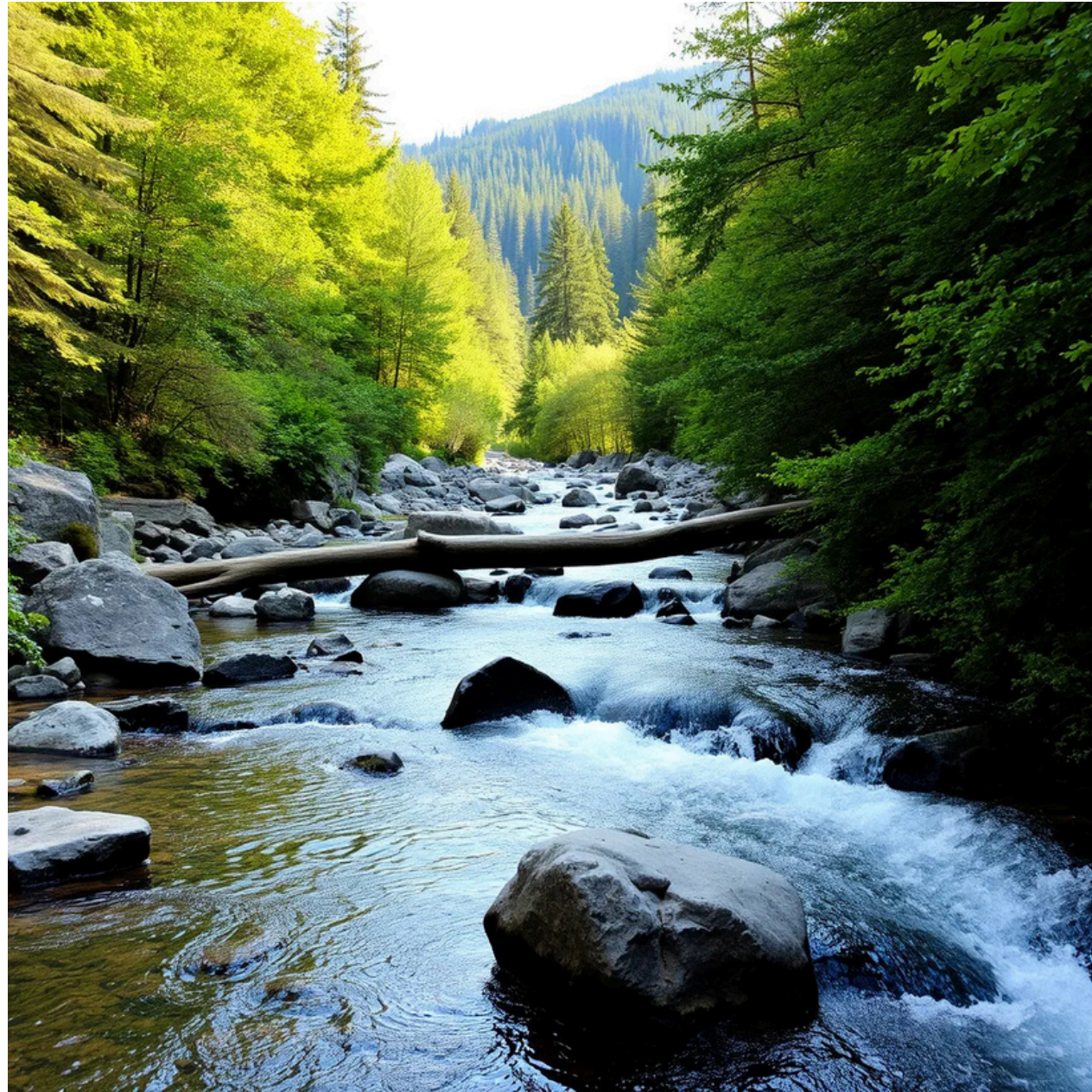
A picturesque rural landscape in spring, with fields of green crops, blossoming fruit trees, and a gentle stream running through the scene. A small stone bridge crosses the stream, leading to a cozy cottage.

冬の森



A quiet winter forest blanketed in snow, with tall trees casting long shadows on the ground. The scene is peaceful and still, with only the sound of crunching snow underfoot.

川のせせらぎ



A clear mountain stream winding through a lush forest, with rocks and fallen logs creating small rapids. The water sparkles in the sunlight, and the surrounding trees are dense with green foliage.

荒野の砂漠



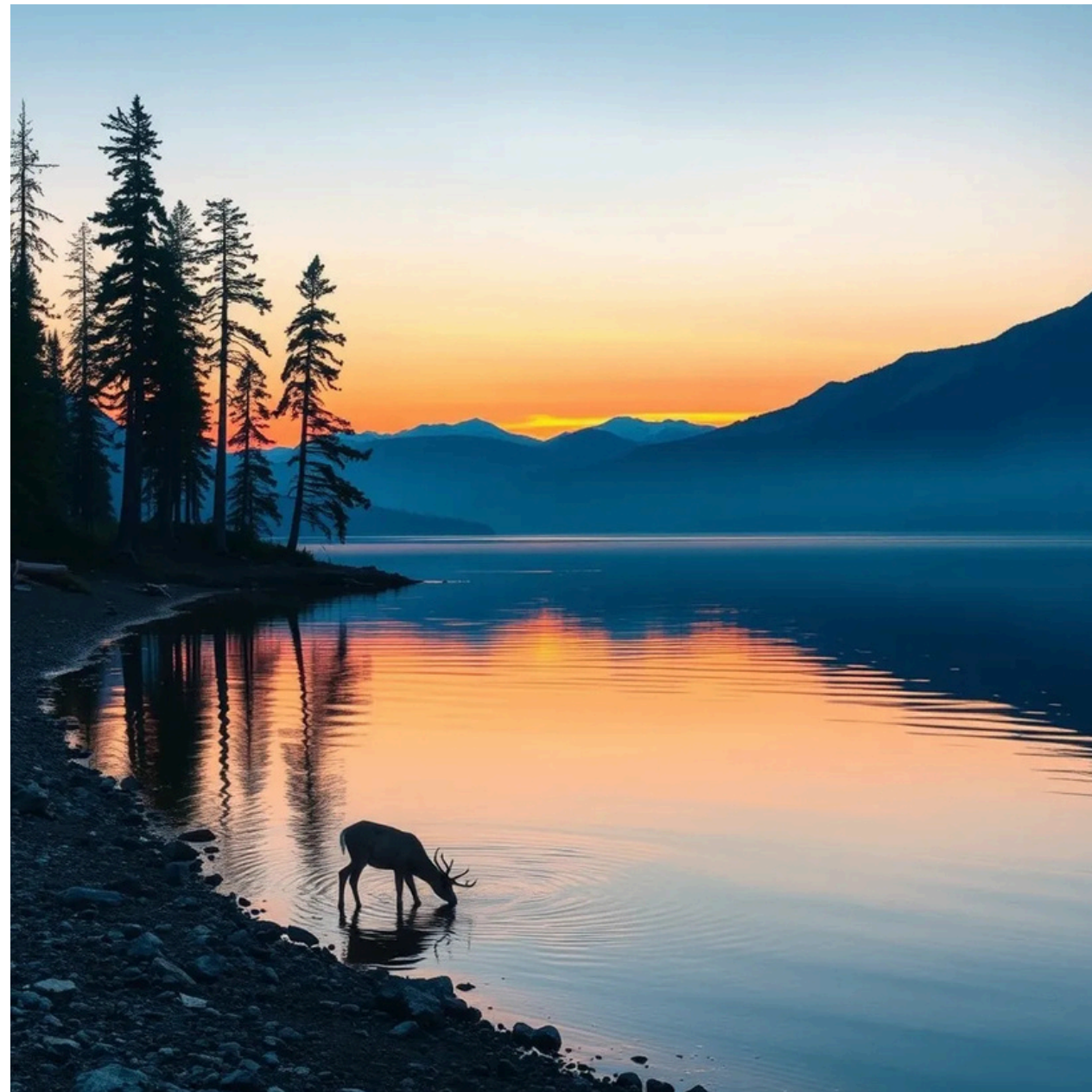
A vast desert landscape with towering sand dunes, a few scattered cacti, and the intense heat of the midday sun. The sky is a brilliant, cloudless blue, and the air shimmers with heat.

霧のかかる湿地帯



A misty swamp at dawn, with twisted trees and thick reeds emerging from the water. The air is thick with humidity, and the sound of distant birds echoes through the fog.

山岳湖の夕暮れ



A serene mountain lake at dusk, with the water reflecting the colors of the sunset. Tall pines line the shore, and the silhouette of a deer can be seen drinking from the water.

日本の伝統的な庭園



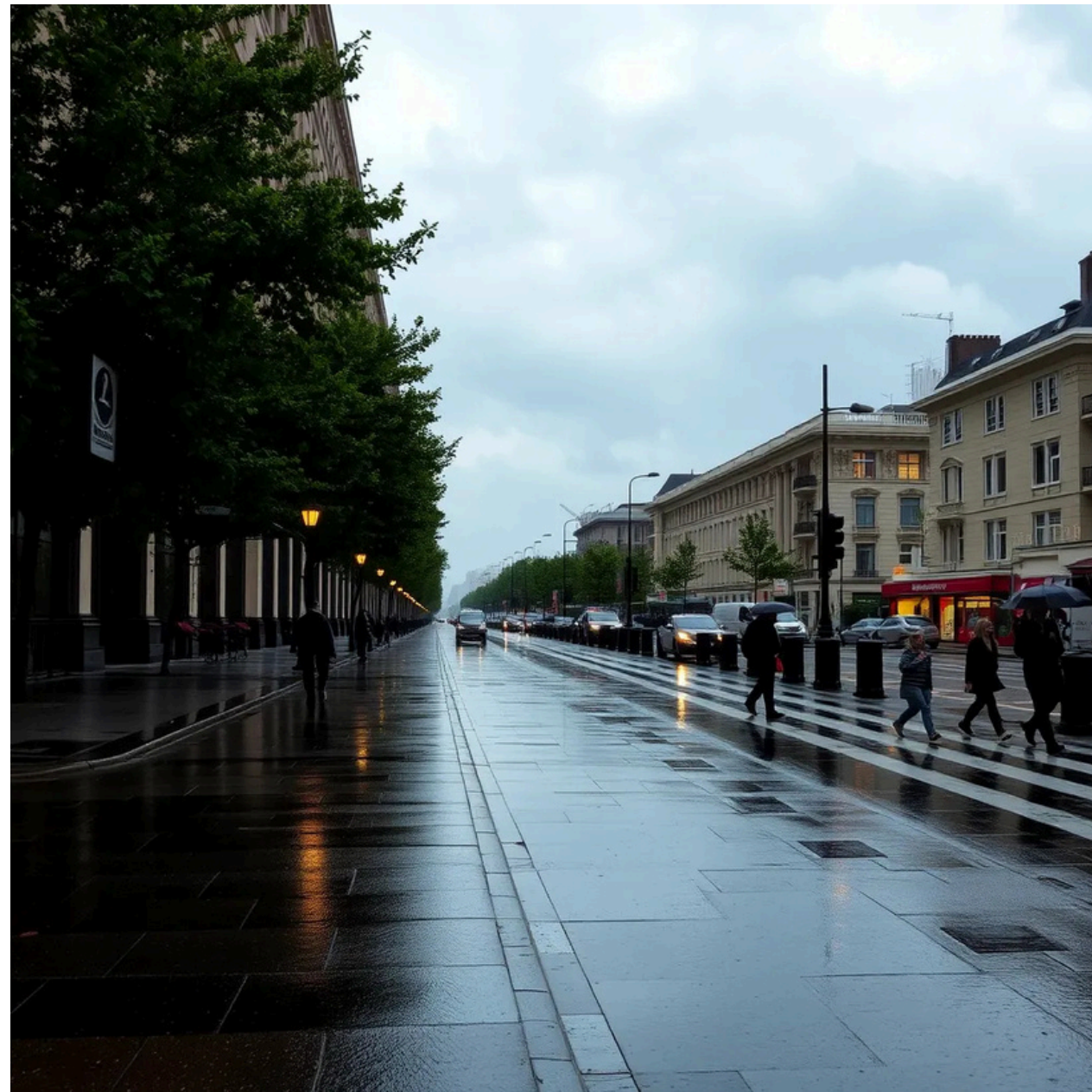
A traditional Japanese garden with carefully arranged rocks, a koi pond, and a small wooden bridge. Cherry blossoms are in full bloom, and a gentle breeze carries the scent of the flowers.

トロピカルビーチ



A tropical beach with white sand, crystal-clear turquoise water, and palm trees swaying in the breeze. The sun is bright, and the sound of waves gently lapping the shore is calming.

雨上がりの街並み



A quiet city street just after a rainstorm, with wet pavement reflecting the glow of streetlights. The air is fresh, and a few pedestrians walk with umbrellas under a cloudy sky.

牧歌的な村



A charming village nestled in a valley, with thatched-roof cottages, stone fences, and fields of grazing sheep. A small church tower rises above the rooftops, and a river winds through the scene.

菜の花畑



A bright, cheerful field of blooming canola flowers stretching as far as the eye can see. The vibrant yellow flowers contrast with the deep blue sky, creating a vivid and joyful landscape.